

STEVEN J. KARAGEANES, DO, FAOASM

Home:
31349 Sleepy Hollow Lane
Beverly Hills, MI 48025
C: (734) 347-2561
F: (734) 250-6342
drscoop@me.com

Work:
42350 Grand River Avenue
Novi, MI 48374
O: (248) 697-2942
F: (248) 436-6628
steven.karageanes@rpmpr.com

WORK EXPERIENCE

Restorative Physical Medicine
Sports and Regenerative Medicine
Novi, MI

September 2021—Present

St. Mary Mercy Hospital
MercyElite Sports Medicine
Livonia, MI

Feb 2013—August 2021

Detroit Medical Center
Rehabilitation Institute of Michigan
Department of Orthopedics
Plymouth, MI

July 2008—Nov 2012

Oakwood Healthcare System
Departments of Family Practice and Orthopedics
Plymouth, MI

June 2006 – June 2008

Henry Ford Hospital
Center for Athletic Medicine
Department of Orthopedics and Family Practice
Detroit, MI

May 2000 – June 2006

Martin Bowen Hefley Knee and Sports
Sports medicine and medical orthopedics
Little Rock, AR

July 1999 -- May 2000

St. John's West Shore Hospital
E.R. -- Urgent care / fast track
Westlake, OH

August 1998—June 1999

Addison Medical Center
Occupational and industrial medicine
Addison, IL

July 1997 – June 1998

PROFESSIONAL TRAINING

Lutheran Hospital / Cleveland Clinic Foundation
Primary care sports medicine fellowship
Cleveland, OH

July 1998 – June 1999

**Midwestern University / Chicago College of
Osteopathic Medicine**
Family practice residency
Chicago, IL

July 1996 – June 1998

E D U C A T I O N

**Michigan State University
College of Osteopathic Medicine**
East Lansing, MI

1991 - 1995

**University of Michigan
College of Literature, Science, and Arts**
Bachelors of Arts in Psychology
Ann Arbor, MI

1987 - 1991

C E R T I F I C A T I O N S

Certificate of Added Qualification in Sports Medicine
American Osteopathic Board of Family Physicians, #8803, expires 12/31/2022

2001

Board Certified in Family Practice
American Osteopathic Board of Family Physicians
Recertified twice, expires 12/31/2022

1999

L I C E N S U R E

State	License#	Type	Effective Date	Current
MI	5101012646	Professional	5/15/2000	YES
AR	E-2186	Professional	6/11/1999	NO
OH	34-00-6904-K	Professional	7/01/1998	NO
IL	036-096415	Professional	7/01/1997	NO
IL	125-034328	Temporary	7/01/1996	NO
MI	5101012646	Temporary	7/01/1995	NO

P O S I T I O N S A N D A P P O I N T M E N T S

Team/organization:

**Certification Committee, International Association of Dance
Medicine and Science**

2020-present

Dance Orthopedic Specialist, Wayne State University Maggie Allesee Department of Theater and Dance	2009-present
Dance Medicine Specialist, Madonna University	2017-present
Official Consultant, National Hockey League Players Association	2005-present
Athletes and the Arts National initiative collaboration with American College of Sports Medicine and Performing Arts Medical Association	2011-present
Team Physician, Schoolcraft College	2015-2021
Team Physician, Cleary University	2017-2019
Head Team Physician, Wayne State University	2003-2008
Head Team Physician, Detroit Demolition Women's Football	2003-2009
Team Physician, US Olympic Committee (Paralympics)	2008-2011
Sports Medicine Consultant, Michigan State Youth Soccer	2006-2011
Head Team Physician, Treetown Spitfires Women's Football	2008-2010
Head Orthopedic Physician, Radio City Rockettes Christmas Spectacular, Detroit MI	2002-2005
Sports Medicine Consultant, USA Gymnastics	2000-2010
Sports Medicine Consultant, USA Swimming and Diving	2003-2010
Team Physician, Detroit Tigers Baseball Club	2001-2005
Assistant Team Physician, Detroit Lions Football Club	2002-2004
Event Physician, Unlimited Hydroplanes Gold Cup Championship	1995-2009
Team Consultant, Motor City Mechanics Pro Hockey (UHL)	2004-2006
Team Physician, Brother Rice High School, Birmingham MI	2000-2006

Educational:

AOASM Award of Fellow	2002—present
Regional Assistant Dean Kansas City College of Osteopathic Medicine Kansas City, MO	2013—2017
Clinical Assistant Professor	2004—present

Michigan State University College of Osteopathic Medicine
Departments of Family Medicine and Community Health
East Lansing, MI

Clinical Assistant Professor

2004—present

Wayne State University School of Medicine
Department of Family Practice
Detroit, MI

Program Chair—2011 AOASM Annual Conference

April 2011

American Osteopathic Academy of Sports Medicine
Providence, RI

Program Chair—2008 AOASM Educational Session

October 2008

American Osteopathic Association Annual Conference
Las Vegas, NV

Medical Director, Primary Care Sports Medicine Fellowship

2006—2008

Oakwood Sports Medicine
Plymouth, MI

Program Director, Osteopathic Family Practice Residency

2007—2008

Oakwood Healthcare System—Annapolis Hospital
Department of Family Practice
Wayne, MI

**Associate Director, Family Practice Residency
Director, Sports Medicine Education**

2006—2008

Oakwood Healthcare System—Annapolis Hospital
Department of Family Practice
Wayne, MI

Director, Osteopathic Family Practice Residency

2007—2008

Oakwood Healthcare System—Annapolis Hospital
Department of Family Practice
Wayne, MI

Medical Director, Primary Care Sports Medicine Fellowship

2001—2006

Henry Ford Hospital
Center for Athletic Medicine
Detroit, MI

Program Chair—2005 Sports Medicine Symposium

February 2005

Henry Ford Hospital Center for Athletic Medicine
Detroit, MI

Osteopathic Manual Medicine Faculty

1997—1998

Midwestern University-Chicago College of Osteopathic Medicine
Chicago College of Osteopathic Medicine
Chicago, IL

Clinical:

Medical Director, MercyElite Sports Medicine

2013—present

Medical Director, MercyElite Sports Performance and Rehab
St. Mary Mercy Hospital
Livonia, MI

Primary Care Sports Medicine Division Head *2019—present*
Integrated Health Associates
Trinity Healthcare System

Medical Director, Performing Arts Center *2008—2013*
Detroit Medical Center
Rehabilitation Institute of Michigan
Detroit, MI

Medical Director, Friends of Film Program *2008—2013*
Detroit Medical Center
Rehabilitation Institute of Michigan
Detroit, MI

Medical Director, Oakwood Sports Concussion Program *2006—2008*
Oakwood Sports Medicine
Plymouth, MI

Medical Director, Sports Concussion Safety Program *2003—2006*
Henry Ford Hospital
Detroit, MI

Board appointment:

Personal Safety for Dance: International Working Group *2021-present*
Executive Board
London, UK

Bridge Dance Project *2020-present*
Advisory Board
Denver, CO

American Osteopathic Academy of Sports Medicine *2019-present*
Committee Chair, Athletes and the Arts

Youth Protection Advocates in Dance *2017-present*
Advisory Panel

Jodie Randolph Dance *2017-present*
Advisory Board
Ann Arbor, MI

American Osteopathic Academy of Sports Medicine *2013—2014*
Executive Board, Immediate Past-President

American Osteopathic Academy of Sports Medicine *2012—2013*
Executive Board, President

American Osteopathic Academy of Sports Medicine *2011—2012*
Executive Board, President-Elect

American Osteopathic Academy of Sports Medicine Executive Board, 1st Vice President	2010—2011
American Osteopathic Academy of Sports Medicine Executive Board, 2nd Vice President	2009—2010
American Osteopathic Academy of Sports Medicine Executive Board, Treasurer	2008—2009
American Osteopathic Academy of Sports Medicine Fellowship Chairman	2007—2013
American Osteopathic Academy of Sports Medicine Board of Directors	2002—2008
The Industrial Athlete Institute for Research and Education Scientific and Medical Advisory Board	2002—2009

Research and Publication:

Editorial board, Clinical Journal of Sport Medicine Wolters Kluwer, Calgary, AB	2004—present
Associate Editor, Author, Video Producer “Osteopathic Clinical Joint Exam” AOASM Publications	2011
Editor-in-chief, primary author “Principles of Manual Sports Medicine” Lippincott Williams & Wilkins, Philadelphia, PA	2005
Peer Reviewer, British Journal of Sports Medicine London, England	2006—2015
American Medical Athletic Association (running) Editorial Advisory Board	2003—2006

Memberships:

American Osteopathic Academy of Sports Medicine	1995-present
American Academy of Orthopedic Medicine	2018-present
International Association of Dance Medicine and Science	2014-present
American Institute of Ultrasound Medicine	2018-present
Performing Arts Medical Association	2016-present
American Medical Society of Sports Medicine	2018-present
Doctors for Dancers	2020-present

Film:

Mass Effect Productions	2007-present
--------------------------------	---------------------

President
Film and video production

PUBLICATIONS -- MEDICAL

1. Karageanes SJ, Sharp KE. Peroneal tendon injuries. **eMedicine sports medicine textbook**, 2003, revised 2005, 2009, 2011, 2013, 2015, 2016, 2018
2. Karageanes SJ, Kooima C, Lock T. Iliotibial band syndrome. **eMedicine orthopedic surgery/knee textbook**, 2002, revised 2005, 2009, 2011, 2013, 2015, 2017.
3. Rupp TJ, Karageanes SJ. Groin injuries. **eMedicine sports medicine textbook**, 2003, revised 2005, 2009, 2011, 2013, 2015, 2017, 2020.
4. Schanen DE, Karageanes SJ, Rupp, TJ. Athletic foot injuries. **eMedicine sports medicine textbook**, 2001, revised 2005, 2009, 2011, 2013, 2015, 2017.
5. Rupp TJ, Bednar M, Karageanes SJ. Facial fractures. **eMedicine sports medicine textbook** 2001, revised 2005, 2009, 2011, 2013, 2015, 2017.
6. Wright, Judy Patterson. **Social Dance: Steps to Success**. Human Kinetics, p xviii, 2013.
7. Stockard AE, editor. Osteopathic Clinical Joint Exam. Madison, WI. 2011: Rees Group Publishing, 2011.
8. Karageanes SJ. Femoroacetabular impingement. *Encyclopedia of Sports Medicine*. editor Micheli, LJ. London, UK: SAGE Publications, 2011.
9. Street SA, Karageanes SJ. Medial Tibial Pain Syndrome. *Encyclopedia of Sports Medicine*. editor Micheli, LJ. London, UK: SAGE Publications, 2011.
10. Awan T, Haque S, Karageanes SJ. Manual Medicine in Sports. *Encyclopedia of Sports Medicine*. editor Micheli, LJ. London, UK: SAGE Publications, 2011.
11. Karageanes SJ. GI infections in the athlete. **Clinics in Sports Medicine**. 26(3): 433-48, 2007.
12. Karageanes SJ. "What Type of Orthosis is Most Effective in Treating Chronic Plantar Fasciitis?—Journal Club. **Clinical Journal of Sport Medicine**. 17(3): 227-8, May 2007.
13. Street S, Safa M, Donabedian S, Karageanes SJ, Zervos M. Abstract: The incidence of methicillin resistant *Staphylococcus Aureus* skin and soft tissue infections in a collegiate football team. **Clinical Journal of Sport Medicine**, September 2006.
14. Karageanes SJ. "Shoulder injuries", **Physician Practice**, August 2006
15. Karageanes SJ, editor. ***Principles of Manual Sports Medicine***. Philadelphia: Lippencott Williams & Wilkins. 2005.

16. Karageanes SJ, Blackburn KM, Vangelos ZA. The effect of the menstrual cycle on the laxity of the anterior cruciate ligament in adolescent females athletes. **Clinical Journal of Sports Medicine** 10(3), July 2000
17. Karageanes SJ, Jacobs, AW. Anomalous 1st rib in a high school wrestler. **Clinical Journal of Sports Medicine** 8(3) July 1998
18. Karageanes SJ. Highlights – Stress, cytokine changes, and wound healing. **The Physician and Sports Medicine** May 2000
19. Karageanes SJ. Highlights – Fitness improves CPR performance. **The Physician and Sports Medicine** May 1999
20. Karageanes SJ. Highlights – Heavier football players have more injuries. **The Physician and Sports Medicine** March 1999
21. Karageanes SJ. Highlights – Exercise improves lipoprotein profile. **The Physician and Sports Medicine** November 1998
22. Karageanes SJ. Highlights – Older men who walk more live longer. **The Physician and Sports Medicine** May 1998
23. Karageanes SJ. Highlights – Low-back pain unrelated to sit-up and sit-and-reach exercises. **The Physician and Sports Medicine** May 1998
24. Karageanes SJ. Highlights -- Calcium and vitamin D benefit elderly bones. **The Physician and Sports Medicine** January 1998
25. Karageanes SJ. Highlights -- Wilderness Medicine. **The Physician and Sports Medicine** October 1997
26. Karageanes SJ. Highlights -- Plantar Fascia Rupture. **The Physician and Sports Medicine** September 1997
27. Karageanes SJ. Clinical Pearls -- Be Concrete. **The Physician and Sports Medicine** May 1997

P U B L I C A T I O N S – M E D I A

1. Karageanes SJ. "Finding a Way Forward After The Larry Nassar Case." The DO Magazine, January 30, 2018
2. Karageanes SJ. "Op-Ed: It's Time to Rethink the Term 'Overuse'". Dance Magazine, November 9, 2017.
3. Karageanes SJ. "The Injury Dancers Ignore:Hearing Loss". Dance Magazine, September 15, 2017.
4. Karageanes SJ. "Too Much of a Good Thing?" Outdoor Athlete Magazine. June 2010.
5. Karageanes SJ. "Ask Dr Scoop". American Cheerleader, April 2009
6. Karageanes SJ. "Ask Dr Scoop". American Cheerleader, December 2008

7. Karageanes SJ. "Ask Dr Scoop". American Cheerleader, April 2008
8. Karageanes SJ. "Ask Dr Scoop". American Cheerleader, December 2007
9. Karageanes SJ. "Ask Dr. Scoop". American Cheerleader, August 2007
10. Karageanes SJ. "Ask Dr. Scoop". American Cheerleader, June 2007
11. Karageanes SJ. "Safety Savvy: ACL injuries". American Cheerleader, April 2007
12. Karageanes SJ. "Safety Savvy: Posture". American Cheerleader, December 2006
13. Karageanes SJ. "Safety Savvy: Tailbone injuries". American Cheerleader, June 2006
14. Karageanes SJ. "Safety Savvy: Casting call". American Cheerleader, April 2006
15. Karageanes SJ. "Safety Savvy: Stress injuries-shin". American Cheerleader, December 2005
16. Karageanes SJ. "Safety Savvy: ACL rehabilitation". American Cheerleader, August 2005
17. Karageanes SJ. "Many sports injuries can be prevented". West Bloomfield Eccentric Newspaper, May 15, 2005.
18. Karageanes SJ. "Safety Savvy: On-the spot medical care". American Cheerleader, April 2005
19. Karageanes SJ. "Safety Savvy: Muscle strains". American Cheerleader, December 2004
20. Karageanes SJ. "Safety Savvy: Concussions". American Cheerleader, October 2004
21. Karageanes SJ. "Safety Savvy: ACL injury and prevention". American Cheerleader, June 2004
22. Karageanes SJ. "Safety Savvy: Avoiding cramps". American Cheerleader, April 2004
23. Karageanes SJ. "Safety Savvy: Vocal strain". American Cheerleader, October 2003
24. Karageanes SJ. "Safety Savvy: Strength coaches and training". American Cheerleader, August 2003
25. Karageanes SJ. "Safety Savvy: Preventing overtraining". American Cheerleader, June 2003
26. Karageanes SJ. "Safety Savvy: Hamstring Injuries". American Cheerleader, April 2003
27. Karageanes SJ. "Safety Savvy: Neck Injuries". American Cheerleader, February 2003
28. Karageanes SJ. "Get In Shape for the New Year". Plymouth Observer and Eccentric, January 2003

29. Karageanes SJ. "Pistons play a game of Chaunce (Chauncey Billups)." Detroit Pistons.com website, November 2002
30. Karageanes SJ. "Prince of the Palace (Tayshaun Prince)." Detroit Pistons.com website, October 2002
31. Karageanes, SJ. "Safety Savvy: Shin splints". American Cheerleader, p 120-1, October 2002
32. Karageanes, SJ. "Serenity Search (Qi Gong)". Experience Life Magazine, July/August 2002, p 82-6
33. Karageanes SJ. "Safety Savvy: Wrist injuries". American Cheerleader, p 98-100, August 2002
34. Karageanes SJ. "Safety Savvy: Shoulder injuries". American Cheerleader, p 86-9, June 2002
35. Karageanes SJ. "Safety Savvy: Preventing injuries". American Cheerleader, p 84-6, April 2002
36. Karageanes SJ. "The Big Nasty Unleashed (Corliss Williamson)." Detroit Pistons.com website, February 2002
37. Karageanes SJ. "Big Ben on the Boards (Ben Wallace interview)." Detroit Pistons.com website, December 2001
38. Karageanes SJ. "Safety Savvy: First Aid". American Cheerleader, p 71-3, October 2001
39. Karageanes, SJ. "Tragedy and Patriotism". Detroit Free Press, September 24, 2001
40. Karageanes SJ. "Coming Full Circle (Cliff Robinson)". Detroit Pistons.com website, November 2001
41. Karageanes SJ. "Safety Savvy: Ankle Pain". American Cheerleader, August 2001
42. Karageanes SJ. "Safety Savvy: Back Talk (Scoliosis)". American Cheerleader, pg 110-2, April 2001
43. Karageanes SJ. "Safety Savvy: Know Your Knees". American Cheerleader, pg 74-6, February 2001
44. Karageanes SJ. "Safety Savvy: Mind Does Matter". American Cheerleader, pg 34-5, December 2000
45. Karageanes SJ. "Homecoming King (Mateen Cleaves)" Detroit Pistons.com website, December 2000
46. Karageanes SJ. "Palace Guard (Mateen Cleaves)." Hour Detroit Magazine, November 2000
47. Karageanes SJ. "Safety Savvy: Dying to Stay Thin". American Cheerleader, pg 34-5, October 2000

48. Karageanes SJ. "Safety Savvy: Getting back into action". American Cheerleader, pg 72-5, August 2000
49. Karageanes SJ. "Safety Savvy: Stay on track". American Cheerleader, pg 74-8, June 2000
50. Karageanes SJ. "Safety Savvy: How to reduce your risk of an ACL tear". American Cheerleader, pg 86, April 2000

MEDIA APPEARANCES

1. **Dance Informa Magazine** **October 2021**
"Real Talk: Is it okay to shout 'werk it' at a student performer?"
2. **Stance on Dance** **May 2021**
"Working to Prevent Abuse in Dance"
3. **Dance Magazine** **April 2021**
"Topical Pain Relievers Are the Next Item on Your Dancer Self-Care Supply List"
4. **Dance Informa Magazine** **March 2021**
"Why are we dancing sick and injured?"
5. **Dance Spirit Magazine** **October 2020**
"How to Avoid Injury as You Head Back to the Studio"
6. **Dance Teacher Magazine** **August 2020**
"How To Dance in a Face Mask"
7. **New Yorker** **November 2018**
"How Did Larry Nassar Deceive So Many for So Long?"
8. **USA Today** **March 2018**
"How Larry Nassar abused hundreds of gymnasts and eluded justice for decades"
9. **Sports Illustrated ([si.com](https://www.si.com))** **January 2018**
"Victims Continue Confronting Larry Nassar With Stories of Abuse on Second Day of Sentencing"
10. **[mlive.com](https://www.mlive.com)** **January 2018**
"Day 2 of Larry Nassar hearing: How Nassar created a culture enabling sexual abuse"
11. **[mlive.com](https://www.mlive.com)** **January 2018**
"Larry Nassar's 'perfected excuse': He was a doctor"
12. **WDIV Channel 4 Detroit** **April 2015**
"Superstitions in Baseball"
Detroit, MI

- | | |
|---|-----------------------|
| 13. WXYZ Channel 7 Detroit
NFL injury report
Detroit, MI | October 2014 |
| 14. Athletes and the Arts Evening Performance
American College of Sports Medicine Meeting
Indianapolis, IN | May 2013 |
| 15. Seattle Times
What workout? Dance Yourself Fit | June 2011 |
| 16. Detroit Free Press
Dance as exercise | June 2011 |
| 17. Health Talk Radio with Melanie Cole
Men's Health and Fitness Tips | June 2011 |
| 18. Health Talk Radio with Melanie Cole
Performing Arts Medicine | April 2011 |
| 19. WWJ Channel 62 Detroit
Marathon training | April 2009 |
| 20. Detroit Free Press
On Pointe at Any Age-Dancing for Adults | February 2009 |
| 21. Observer-Eccentric Newspapers
Experience at the US Olympic Training center | April 2008 |
| 22. Observer-Eccentric Newspapers
Fall sports season preparations | Sept 2007 |
| 23. Comcast Cable Network
Sports medicine training | July 2007 |
| 24. Comcast Cable Network
Preparing for high school sports | July 2007 |
| 25. WDIV Channel 4 Detroit
Heroes of 9-11
Half-hour feature on my journey to Ground Zero 5 years ago | September 2006 |
| 26. The Sports Health Highlight Show
VoiceAmerica™ Network
Guest on 1-hour talk show | January 2006 |
| 27. Detroit Free Press
SPORTS AND HEALTH: The heart of the matter | January 2006 |
| 28. WXYT Channel 7 Detroit
Minds of Medicine—"Sports Concussions"
Half hour information prime time show
Creative Consultant, Principal actor | September 2005 |

- | | |
|--|-----------------------|
| 29. WWJ News Radio 950
Running injuries | September 2005 |
| 30. Detroit Free Press
Steve Yzerman's return to hockey | August 2005 |
| 31. WXYZ Channel 7 Detroit, News at 5
Detroit Pistons Game 7--Fans Handling Stress | June 2005 |
| 32. WWJ News Radio 950
Injury prevention | February 2005 |
| 33. WJR 760 Detroit Radio, "The Paul W. Smith Show"
Baseball and Steroids | December 2004 |
| 34. WJR 760 Detroit Radio, "The Paul W. Smith Show"
Steroids use among teens | April 2004 |
| 35. The Detroit News
"More teens pump up on risky steroids" | April 2004 |
| 36. Detroit Free Press
"Where does it hurt: Doctors on Free Press panel
give readers advice on their sports injuries" | February 2004 |
| 37. Detroit Free Press
"BEYOND STRETCHING: Doctors say building core
body strength is key to avoiding groin injuries" | December 2003 |
| 38. Detroit Free Press
"Common injuries and how to avoid them" | December 2003 |
| 39. The Detroit News
"Kids and concussions" | August 2003 |
| 40. The Detroit News
"Hasek's mental toughness balances the aging process" | June 2003 |
| 41. CNN Headline News Television
Comcast 2002 Newsmaker of the Year—feature interview on Sept 11 th | December 2002 |
| 42. CNN Headline News Television
Comcast Newsmakers—feature interview on manipulation with athletes | November 2002 |
| 43. WJR 760 Detroit Radio
"Heroes of September 11 th "—talk show guest | September 2002 |
| 44. Michigan Government Television
"MGTV Forum Replay—Remembering 9/11"—talk show guest | September 2002 |
| 45. The Macomb Daily
"Faces of Unity: One year later"—feature on September 11th | September 2002 |

- | | |
|---|------------------------------|
| 46. WXYT Channel 7 Television Detroit
"Unsung Heroes (September 11 th)"—feature profile | <i>September 2002</i> |
| 47. American Cheerleader Magazine
"Cheer Safety", pgs 41-4 | <i>August 2002</i> |
| 48. The Detroit News, Metro section
"July heat leaves many in a struggle to cope" | <i>July 2002</i> |
| 49. AOA Press Release: "Osteopathic manipulative treatment helps Olympic speed skater to complete despite injury"
Various national media outlets | <i>March 2002</i> |
| 50. WJR 760 AM Detroit Radio, "Minds of Medicine"
Osteopathic manipulation and uses in sports medicine | <i>March 2002</i> |
| 51. The Detroit Free Press
The Detroit News
The Macomb Daily
The Plymouth Observer
"Physician goes to Ground Zero for medical rescue" | <i>September 2001</i> |
| 52. WXYT Channel 7 Detroit Television
"Local physician at Ground Zero for medical rescue" | <i>September 2001</i> |
| 53. WDIV Channel 4 Detroit Television
"Local physician goes to Ground Zero for medical rescue" | <i>September 2001</i> |
| 54. WWJ NewsRadio 950
Interview from Ground Zero | <i>September 2001</i> |
| 55. WJR 760 AM Detroit Radio, "The Paul W. Smith Show"
Interview about energy drinks | <i>September 2001</i> |
| 56. The Detroit News, Health and Fitness section
"Too much of a jolt? (Energy drinks)" | <i>August 2001</i> |
| 57. WXYT 1270 AM Detroit Radio, "The Locker Room"
Interview about athlete supplements | <i>August 2001</i> |
| 58. WebMD Medical News, "Keeping Olympic Athletes Well and Legal Can Be Tricky" | <i>September 2000</i> |
| 59. WebMD Medical News, "Hormones Don't Affect ACL Laxity in Female Athletes" | <i>September 2000</i> |
| 60. IMBC Internet Radio, "A Better You with Dr. Terry Lyles"
Two-hour live interview in studio | <i>July 1997</i> |
| 61. IMBC Internet Radio, "A Better You with Dr. Terry Lyles"
Live at the Detroit Gold Cup Hydroplane Races | <i>May 1997</i> |

LECTURES AND PRESENTATIONS

1. **"Dance: A Regenerative Approach"** *May 2022*
American Academy of Orthopedic Medicine
25th Annual Conference
Denver, CO
2. **"Pragmatic OMT Workshop"** *March 2022*
American Academy of Osteopathy/American
Osteopathic Academy of Sports Medicine/
Annual Conference
Orlando, FL
3. **"Treating Common Peroneal Nerve Entrapment
with Neural Hydrodissection in Dancers"** *June 2021*
Performing Arts Medical Association
Annual Virtual Conference
New York, NY
4. **"Athletes and the Arts"** *April 2021*
American Osteopathic Academy of Sports Medicine
36th Annual Conference (Virtual) Conference
Anaheim, CA
5. **"Treating Common Peroneal Nerve Entrapment
with Neural Hydrodissection in Dancers"** *December 2020*
American Academy of Orthopedic Medicine (Virtual) Conference
Washington DC (planned location)
6. **"Treating Common Peroneal Nerve Entrapment
with Neural Hydrodissection"** *May 2020*
American Osteopathic Academy of Sports Medicine
35th Annual Conference (Virtual) Conference
Anaheim, CA
7. **"Current Trends in Athletics: Mental Health Disorders"** *March 2020*
MercyElite Sports Medicine Symposium
1st Annual Symposium
Livonia, MI
8. **"Concussion Management"** *February 2020*
Livonia Public Schools
Department of Athletics
Livonia, MI
9. **"Neural Hydrodissection in Dance"** *October 2019*
University of Michigan School of Music Theater and Dance
"The Artist Is An Athlete"
Performing Arts Medicine & Rehabilitation Symposium
Ann Arbor, MI
10. **"Sugar: The New Tobacco Update"** *October*
2019
OMED 2019 Annual National Conference
Baltimore, MD

American Osteopathic Academy of Sports Medicine
34rd Annual National Conference
Austin, TX

12. “Physical and Emotional Anguish in Performance” *October*
2017

OMED 2017 Annual National Conference
Philadelphia, PA

13. “Changing Perspectives in Concussion” *October*
2017

OMED 2017 Annual National Conference
Philadelphia, PA

14. “Physical and Emotional Anguish in Performance” *May*
2017

American Osteopathic Academy of Sports Medicine
32th Annual National Conference
Las Vegas, NV

15. “Treatment Strategies for Dancers” *March 2017*

St Joe’s Sports Medicine Symposium
Ann Arbor, MI

16. “Sugar: The New Tobacco” *January-February 2017*

St. Mary Mercy Leadership Council
Livonia’s Hundred Days of Health
Keynote Speech
Livonia, MI

17. “The Food and Fitness Industry” *September 2016*

OMED 2016
Anaheim, CA

18. “Non-invasive pelvic floor dysfunctions in dancers” *July 2016*

Performing Arts Medicine Association
25th Annual Meeting
Pittsburgh, PA

19. “Cutting Edge Concussion Treatment Techniques” *April 2016*

St Joe’s Sports Medicine Symposium
Ann Arbor, MI

20. “Non-invasive treatment of sacrotuberous ligament and pelvic floor dysfunctions in dancers” *October 2015*

International Association of Dance Medicine and Science
25th Annual Meeting
Pittsburgh, PA

21. “Sports Osteopathy-Thoracic Spine, Elbow, Hand & Wrist” *August 2015*

Deutsch-Amerikanische Akademie für Osteopathie
(German-American Academy of Osteopathy)
Three-day course training osteopaths in Germany
Cologne, Germany

National Athletic Trainers Association
66th Annual Clinical Symposia & Expo
St Louis, MO

23. "Treatment Strategies for Dancers"

June 2015

National Athletic Trainers Association
66th Annual Clinical Symposia & Expo
St Louis, MO

24. "Athletes and the Arts Update"

April 2015

American Osteopathic Academy of Sports Medicine
30th Annual National Conference
Philadelphia, PA

25. "Dancer Health and Injury Prevention "

August 2011-15

Brighton Dance Festival
Michigan Dance Project
Brighton, MI

26. "Athletes and the Arts Update"

April 2014

American Osteopathic Academy of Sports Medicine
29th Annual National Conference
Tampa, FL

27. National Summit on Sports Concussion-moderator

May 2013

Sports Concussion Institute
Atlanta, GA

28. "Care for the individual dancer/longitudinal considerations"

Feb 2013

Joint Commission on Sports Medicine and Science
Mobile, AL

29. "Elbow Injuries in Overhead Athletes"

Oct 2012

114th American Osteopathic Association Medical Conference
San Diego, CA

30. "Medical Writing for Residents and Students"

April 2011

American Osteopathic Academy of Sports Medicine
26th Annual National Conference
Providence, RI

31. "Dance Injuries"

May 2010

Detroit Medical Center Dance Medicine Clinic
Dearborn, MI

32. "Dance Medicine"

March 2010

Great Lakes Athletic Trainers Association Annual Meeting
Detroit, MI

33. "Hip Impingement"

February 2010

Dance Masters State Meeting
Lansing, MI

34. "Hip Impingement"

July 2009

Detroit Medical Center Sports Medicine Symposium
Detroit, MI

35. "Spondylolysis"

October 2008

110th Unified American Osteopathic Association Conference
Joint session lecture with AAO, AAOP, and AOASM
Las Vegas, NV

36. Moderator, Sports Medicine for Medical Students

April 2008

American Osteopathic Academy of Sports Medicine
23th Annual National Conference
Kansas City, MO

37. Feature Debate: Cardiac screening in the athletic population

April 2008

American Osteopathic Academy of Sports Medicine
23th Annual National Conference
Kansas City, MO

38. "Update on Concussions"

March 2008

Community outreach, New Boston Huron HS

39. "Patellofemoral Dysfunction"

September 2007

Ortho Elite Seminars
Birmingham, MI

40. "Dance medicine"

April, October 2007

Center for Orthopedics
Oakwood Healthcare System
Dearborn, MI

41. Moderator, Published authors panel

April 2007

American Osteopathic Academy of Sports Medicine
22th Annual National Conference
Tampa, FL

42. "Imaging in Sports Medicine"

May 2006

American Osteopathic Academy of Sports Medicine
21th Annual National Conference
Scottsdale, AZ

43. "Non-operative management of osteoarthritis"

April 2006

2006 Osteoarthritis Symposium
Henry Ford Hospital
Dearborn, MI

44. "Update on Concussions"

January 2006

Treating Your Athletes Like MVPs—CME conference
Living Heart Foundation, NFL Players Association, and Henry Ford Hospital
Troy, MI

45. "Knee rehabilitation"

October 2005

107th Unified American Osteopathic Association Conference
Orlando, FL

46. **“Medical Care of the Performing Artist”** *August 2005*
Current Concepts in Sports Medicine
Lutheran Hospital and Cleveland Clinic Education Foundation
Cleveland, OH
47. **Concussion In-Service—“Evaluation and Treatment”** *July 2005*
Henry Ford Hospital Center for Athletic Medicine
Detroit, MI
48. **“Sports Medicine Primer”** *May 2005*
OHEP Review Course
Southfield, MI
49. **“Medical Care of the Dancer”** *April 2005*
American Osteopathic Academy of Sports Medicine
20th Annual National Conference
St. Louis, MO
50. **“Basics of Manual Sports Medicine”** *April 2005*
Manual Medicine & Surgical Intervention for Sports Related Injuries
of the Upper Extremity Course
Hand Institute of Michigan
Lansing, MI
51. **“Manual Sports Medicine in Baseball—Spine”** *March 2005*
Professional Baseball Athletic Trainers Society Seminar
Tampa, FL
52. **“Manual Sports Medicine in Baseball—Upper Extremity”** *March 2005*
Professional Baseball Athletic Trainers Society Seminar
Tampa, FL
53. **“Manual Sports Medicine: Lumbosacral spine”** *February 2005*
Henry Ford Hospital Sports Medicine Symposium
Detroit, MI
54. **“Field Management of Cervical Spine Injuries”** *November 2004*
106th American Osteopathic Association Annual Conference
San Francisco, CA
55. **“Manual Sports Medicine: An Overview”** *April 2004*
Rendezvous 2004 (AMSSM, AOASM, CASM, UKADIS, PASSOR, AusCSM)
International Sports Medicine Symposium
Vancouver, CA
56. **“Manual Sports Medicine: Lumbosacral spine”** *April 2004*
American Osteopathic Academy of Sports Medicine
19th Annual National Meeting
Boston, MA
57. **“Conservative Management of Rotator Cuff Injury”** *March 2004*
AOCOSM Annual Meeting
Tampa, FL

58. **“Nonoperative Treatment of Rotator Cuff Tears”** *October 2003*
105th American Osteopathic Association Annual Conference
New Orleans, LA
59. **“Shoulder Exam”** *October 2003*
Workshop presenter
105th American Osteopathic Association Annual Conference
New Orleans, LA
60. **Course: Introduction to Muscle Energy** *March 2003*
Course chair—12 hours
Henry Ford Hospital Department of Rehabilitation
Detroit, MI
61. **Course: Evaluation and Treatment of Shoulder Injuries** *January 2003*
Course chair—8 hours
Southwest General Hospital Department of Physical Therapy
Cleveland, OH
62. **“Demystifying the shoulder joint”** *October 2002*
104th American Osteopathic Association Annual Conference
Las Vegas, NV
63. **“Knee Pain: Evaluation and Treatment”** *October 2002*
American College of Sports Medicine Regional Meeting
Dearborn, MI
64. **“Remembering September 11th”** *September 11, 2002*
Michigan State University College of Osteopathic Medicine
Haslett, MI
65. **“Ground Zero-Medical Support & Testimonials”** *May 2002*
Michigan Osteopathic Association
103rd Annual Conference
Dearborn, MI
66. **“Cheerleading Injuries”** *May 2002*
Michigan Competitive Cheer Association Conference 2002
East Lansing, MI
67. **“Shoulder Injuries in the Gymnast with Special Attention to MDI”** *April 2002*
American Osteopathic Academy of Sports Medicine
17th Annual National Conference
Washington, D.C.
68. **Conference Session Chair—Osteopathic Manipulative Treatment** *April 2002*
American Osteopathic Academy of Sports Medicine
17th Annual National Conference
Washington, D.C.
69. **“Joint Injections”** *March 2002*
OHEP Board Review Course
Southfield, MI

70. **Breakout hands-on session-- Spinal dysfunction treatment** *January 2002*
PBATS Baseball Team Medicine Conference 2002
Detroit, MI
71. **"Spinal dysfunction"** *January 2002*
PBATS Baseball Team Medicine Conference 2002
Detroit, MI
72. **"Athletic Osteopathic Medicine"** *October 2001*
103rd American Osteopathic Association Annual Conference
San Diego, CA
73. **"Manipulation and the orthopedic practice"** *June 2001*
Michigan Orthopedic Society Annual Conference
Traverse City, MI
74. **Conference Session Chair—Osteopathic Manipulative Treatment** *April 2001*
American Osteopathic Academy of Sports Medicine w/ AMSSM
16th Annual National Conference
San Antonio, TX
75. **"Joint Injections"** *March 2001*
OHEP Board Review Course
Southfield, MI
76. **"Intrinsic factors of the foot in overuse injury"** *May 2000*
77. **"Extrinsic factors of the foot in overuse injury"**
American Osteopathic Academy of Sports Medicine
15th Annual National Conference
Williamsburg, VA
78. **Osteopathic manipulation workshop** *May 2000*
American Osteopathic Academy of Sports Medicine
15th Annual National Conference
Williamsburg, VA
79. **"Cheerleading medicine"** *September 1999*
Arkansas Cheerleading Coaches Association
Annual Coaches Rules and Safety Meeting
Jacksonville, AR
80. **"The effect of the menstrual cycle on the laxity of the anterior cruciate ligament in adolescent female athletes"** *April 1999*
American Osteopathic Academy of Sports Medicine
14th Annual National Conference
Hilton Head Island, SC
81. **"Carpal tunnel syndrome"** *April 1999*
American Osteopathic Academy of Sports Medicine
14th Annual National Conference
Hilton Head Island, SC
82. **"Osteopathic manipulation of the upper extremity"** *April 1999*
American Osteopathic Academy of Sports Medicine

14th Annual National Conference
Hilton Head Island, SC

83. **“Case presentations—cervical and thoracic spine”** *October 1998*
American College of Sports Medicine
Annual Regional Conference
Cleveland, OH

84. **“Manipulation of the thoracic spine workshop”** *April 1998*
American Osteopathic Academy of Sports Medicine
13th Annual National Conference
Colorado Springs, CO

85. **“Cervical dysfunction in a contact sport athlete”** *April 1998*
American Osteopathic Academy of Sports Medicine
13th Annual National Conference
Colorado Springs, CO

86. **“Management of cancer”** *January 1998*
Colleges of Physical Therapy and Occupational Therapy
Midwestern University, Chicago IL

87. **“The sports physical”** *December 1997*
Chicago College of Osteopathic Medicine
Midwestern University, Chicago IL

88. **“Pelvis and hip joint diagnosis and treatment workshop”** *May 1997*
American Osteopathic Academy of Sports Medicine
12th Annual National Conference
San Diego, CA

89. **“Atypical presentation of thoracic back pain in a high school athlete”** *May 1997*
American Osteopathic Academy of Sports Medicine
12th Annual National Conference
San Diego, CA

AWARDS AND HONORS

Top Docs in Metro Detroit *2005, 2007, 2016*
Hour Detroit Magazine

STAR Award *2014-present*
St Mary Mercy Hospital, Livonia MI

VITALS.com Compassionate Doctor Award *2013-present*

Pillar of Excellence Award—Orthopedics *2008*
Oakwood Healthcare System

Emmy Award, Best Public Health/Community Health Program, Michigan *2006*
Michigan Chapter of National Academy of Television Arts and Sciences

Comcast Television Newsmaker of the Year *2002*

Dean's Award for Meritorious Service Michigan State University College of Osteopathic Medicine	2002
Fellow of the American Osteopathic Academy of Sports Medicine	2002
Certificate of Added Qualification in Sports Medicine	2001
AOASM National Research Award	1999
Sigma Sigma Phi Medical Honors Society	1992
University of Michigan Greek Man of the Year Honorable Mention	1991
Order of Omega Honors Society	1990

TEAM COVERAGE AND AFFILIATIONS

Schoolcraft College	2014-current
Livonia Public High Schools	2014-current
University of Michigan Department of Dance	2018-current
Wayne State University Department of Theater and Dance	2010-current
Cleary University	2017-current
Livonia Ladywood High School	2014-18
Marygrove University Department of Dance	2017-2019
United States Olympic Committee	2007-2010
Detroit Tigers Pro Baseball (MLB)	2001-05
Wayne State University (D-II, D-I Hockey) (Head Team Physician)	2002-08
Detroit Demolition Women's Professional Football	2004-08
TreeTown Spitfires Women's Professional Football	2008-10
Unlimited Hydroplane Races, Gold Cup	1995-06
Motor City Mechanics Pro Hockey (UHL)	2004-06
Birmingham Country Day High School Hockey	2004-06
Brother Rice High School, (D2) Birmingham, MI	2000-06
Detroit Lions Pro Football (NFL)	2002-04
Cleveland Indians Pro Baseball (MLB)	1998-99
Arkansas Travelers Pro Baseball (AA)	1999-2000
Lansing Lugnuts Pro Baseball (A)	1996-98
Arkansas Glaciercats Pro Hockey (WPHL) (Head Team Physician)	1998-99
Michigan State University (D-1)	1994-95
University of Arkansas—Monticello (D-II)	1998-99

Arkansas Junior Glacierecats Hockey (junior)	1999-2000
River City Gymnastics & Cheerleading (NCA, UCA)	1999-2000
Cheer Central Competitive Cheer (NCA)	1999-2000
Medical Director, Ohio High School Hockey Playoff Tournament	1999
Strongsville High School, OH (Class A) (Head Team Physician)	1998-99
Brooklyn High School, OH (Class D)	1998-99

E V E N T C O V E R A G E

Wayne State University Department of Theater and Dance	2011-present
“Chicago” National Tour	2018
“Pippin” National Tour	2015
So You Think You Can Dance (individual contestants)	2013
Brighton Dance Festival	2010-14, 16
Youth Parapan-American Games	October 2009
Traveling Team Physician for US Paralympic Swim Team	
Bogota, Colombia	
Dave Schultz International Wrestling Championships	2008
Colorado Springs, CO	
Unlimited Hydroplane Racing, Detroit Gold Cup	1995-2007
Seattle Texaco Cup	1994
USA Olympics Gymnastics Exhibition	October 2004
BasketBowl, Michigan State Spartans vs Kentucky Wildcats, Detroit	December 2003
Michigan High School Girls Hockey Championship Tourney	2002
Medical Director, Ohio High School Hockey Playoff Tournament	1999

A T T E N D E D M E D I C A L C O N F E R E N C E S

The Orthobiologics Institute Meeting	2019-22
American Academy of Orthopedic Medicine	2018-22
AOASM Annual Conference	1997-2002, 2004-2022
American Medical Society of Sports Medicine (Virtual)	2021
AIUM Postgraduate Course, “Hands-on Diagnostic and Interventional MSK Ultrasound”	2019
AOASM MSK Ultrasound Course	2017-19

International Association of Dance Medicine & Science 2008, 2010, 2014-15, 2017-19

AOA Annual Conference 1999, 2001-2018
AOASM Conference portion of meeting

Athletes and the Arts 2013-18

American Association of Osteopathic Medical Colleges 2014-16

National Athletic Trainers Association 2015

American Osteopathic Association of Directors of Medical Education 2013-2015

Joint Commission on Sports Medicine & Science 2012-2014

Aspen Institute Summit: Reimagining Youth Sports 2014

Performing Arts Medical Association, Regional Meeting 2014, 2017
Toronto, Canada

Performing Arts Medical Association Annual Meeting 2013, 2016

American College of Sports Medicine Annual Meeting 2013

National Summit on Sports Concussions 2013

Youth Sports Safety Alliance 2013

GLATA Conference 2010

Rendezvous I and II International Sports Medicine Symposiums 2004, 2008

ACOFP Annual Conference 2008

Lutheran Hospital-Cleveland Clinic Sports Fellows Conference 2005

College Athletic Trainers Society Meeting 2005-2006

Henry Ford Hospital Sports Medicine Symposium 2005

ASMI Annual Baseball Injuries Conference 2003

PBATS Winter Trainers Meeting 2005

PBATS Annual Baseball Medicine Meeting 2002

AOASM Annual Conference 1997-2002, 2004-2008

AMSSM Annual Conference 1994, 1999, 2001, 2008

ACSM Advanced Team Physician Course 1998

REFERENCES

Available upon request