

ROBERT J. ACHO

EDUCATION

Bachelor of Science, Human Biology (2008-2012)

Michigan State University
East Lansing, Michigan

Doctor of Osteopathic Medicine (2013-2017)

Michigan State University College of Osteopathic Medicine
East Lansing, Michigan

General Surgery Residency (June 2017-June 2022)

Henry Ford Macomb Hospital
Clinton Township, Michigan

Minimally Invasive Surgery Fellowship (August 2022 – August 2023)

University of Southern Florida
Tampa General Hospital
Tampa, Florida

HONORS AND AWARDS

03/2020 Michigan Robotic Olympics Team Champions
Michigan Robotic Olympics Individual Competition Champion

CLINICAL ACTIVITIES

Physician Lead - Enhanced Recovery After Surgery Protocol and Clinic (2018- present)

One of two physician residents involved with developing and implementing an ERAS protocol for our hospital. Responsible for staffing the ERAS clinic.

Medical student education – responsible for teaching assigned topics, providing feedback for student presentations and completing monthly performance reviews

Chief Resident (2020-2021) – responsible for developing the educational curriculum for the residents

PUBLICATIONS

Anyika M, Gholami H, Ashtekar KD, **Acho R**, Borhan B. Point-to-axial chirality transfer--a new probe for "sensing" the absolute configurations of monoamines. *J Am Chem Soc.* 2014 Jan 15;136(2):550-3. doi: 10.1021/ja408317b. Epub 2014 Jan 2. PMID: 24304128.

Hans SS, **Acho RJ**, Catanescu I. Timing of carotid endarterectomy after recent minor to moderate stroke. *Surgery.* 2018 Oct;164(4):820-824. doi: 10.1016/j.surg.2018.05.034. Epub 2018 Jul 30. PMID: 30072249.

Seeras K, **Acho R**, Prakash S: Laparoscopic Lap Band Placement. In: StatPearls. edn. Treasure Island (FL); 2018. PMID: 30252318

Seeras K, **Acho R**, Lopez PP: Roux-en-Y Gastric Bypass, Chronic Complications. In: StatPearls. edn. Treasure Island (FL); 2018. PMID: 30137773

Hans S, **Acho RJ**. Patient With Unexplained Weight Loss, Anorexia, and Back Pain. *JAMA Surg.* 2019 Jan 1;154(1):85-86. doi: 10.1001/jamasurg.2018.3191. PMID: 30208390.

Hans S, **Acho R**, Trpkovski M: (2020) *Vascular and Endovascular Complications: A Practical Approach*. chapter, 35. Endovascular Removal of Foreign Body (Catheter Wires and Sheaths) from the Vascular System. CRC Press

Basal Y, Oommen J, Faraj U, **Acho R**, Aravapally A. Facklamia hominis in hidradenitis suppurativa. *JAAD Case Rep.* 2021 Mar 13;11:20-22. doi: 10.1016/j.jdc.2021.03.017. PMID: 33898677; PMCID: PMC8058526.

Docimo Jr., S., Seeras, K., **Acho, R.** *et al.* Academic and community hernia center websites in the United States fail to meet healthcare literacy standards of readability. *Hernia* 26, 779–786 (2022). <https://doi.org/10.1007/s10029-022-02584-z>

Tyle M, Noom M, Bigness A, et al. 10 Critical Steps of Hiatal Hernia Repair and Anti-Reflux Surgery: An Expert Consensus and Literature Review. *Foregut.* 2023;3(3):270-281. doi:[10.1177/26345161231190069](https://doi.org/10.1177/26345161231190069)

PUBLICATIONS IN PROCESS

Paraesophageal Hernia: Etiology, Presentation and Indications for Repair
Robert J. Acho, DO, Vic Velanovich, MD, and Christopher G. DuCoin, MPH MD
Department of Surgery, University of South Florida Morsani College of Medicine, Tampa, FL

How I Do It: Robotic Choledochoscopy. Robert J. Acho DO. Salvatore Docimo

Transgastric endoscopic assisted reversal of vertical banded gastroplasty. Penny Parker MS, George Angelakakis MS, Robert Acho DO, Joseph Sujka MD. – submitted to SAGES

PRESENTATIONS

03/2023 Podium presentation – SAGES 2023 “Bariatric Disasters – Robotic takedown of a gastro-pleural fistula”

03/2023 Video presentation – SAGES 2023 “Step up approach to epiphrenic diverticulum”

PROFESSIONAL MEMBERSHIPS, CERTIFICATIONS and LICENSURES

2017-present Advanced Trauma Life Support Certification

2017-present Advanced Cardiac Life Support

2017-present Fundamental of Critical Care Support Certification

2018-present American College of Surgeons

2019-present American Hernia Society

2022-present Michigan Medical License

2022-present Florida Medical License

2022-present Board Certification in General Surgery – American Board of Surgery