

# Group Detox Program

## *Reset and Nourish for Mind-Body Health*

**FEEL MORE ENERGETIC • MANAGE YOUR WEIGHT • IMPROVE FOCUS**



Detoxification may help with many conditions including, but not limited to the following:

- Digestive Problems
- Irritability
- Headaches
- Joint Pain
- General Malaise
- Allergy Relief
- Skin Rashes
- Anti-aging
- Bad Breath

**Cost: \$329 per person**

- Program includes supplements valued at \$230.
- Supplements can be shipped to your home or picked up at Integrative Medicine Royal Oak or Troy locations.

Join Integrative Medicine for a supervised, 3-week group detoxification program that includes group visits with Dr. Qandah, N.D., supplements and meal replacements.

### During the Program

- Guided by Dr. Qandah, it is recommended that participants eat healthy food during week one.
- Two meal replacements plus a healthy meal is recommended daily during weeks two and three. Meal replacements are included in the program.
- No Calorie Counting — Eat Until You Are Full!

### Pre-screen Requirement

- Blood work is required for all participants.
- Dr. Qandah reviews all blood results prior to the start of the program.

**\* This is a live, virtual program \***

**Mondays from 5:30pm-6:30pm**

**September 18 • September 25 • October 9**

**Deadline to Register: September 4**



For more information or to register, call 248-551-9888.

Space is limited.