

DIABETES PREVENTION PROGRAM



Tori Smith, DPP Lifestyle Coach

Being able to be a part of the Diabetes Prevention Program has really been a great and rewarding experience. Each participant brings so much joy to the program and I love being able to support them during their journey towards a better healthier lifestyle. Each session, I am so excited to hear what changes they have made. We really do become a family!

Are you at risk for Type 2 diabetes?
Visit beaumont.org/dpp to find out.

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