

# DIABETES PREVENTION PROGRAM



*Theresa Butler, DPP Lifestyle Coach*

**"You are not alone."**

As a Lifestyle Coach, it is my pleasure to help guide group participants to gain knowledge, share experiences and form connections. This support system can help you build and maintain a healthy lifestyle with great success. Your progress is the reward!

Are you at risk for Type 2 diabetes?  
Visit [beaumont.org/dpp](https://beaumont.org/dpp) to find out.

**Beaumont**