

DIABETES PREVENTION PROGRAM



*La Tonya Allen-Brown,
DPP Lifestyle Coach*

I have witnessed the Diabetes Prevention Program change the lives of those enrolled. Participants come into the program with a high A1c and upon completion, are no longer at risk for type 2 diabetes due to their A1c decreasing. The program works. Being a part of this life-changing program and witnessing the joy and excitement of participants is so rewarding. I love being a lifestyle coach.

Are you at risk for Type 2 diabetes?
Visit beaumont.org/dpp to find out.

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