

BEAUMONT HOSPITAL, ROYAL OAK

PRE-SURGERY INSTRUCTIONS

YOUR UPCOMING PROCEDURE

Thank you for choosing Beaumont, Royal Oak for your surgery.

You will be provided with your surgical arrival time on the business day before your procedure.

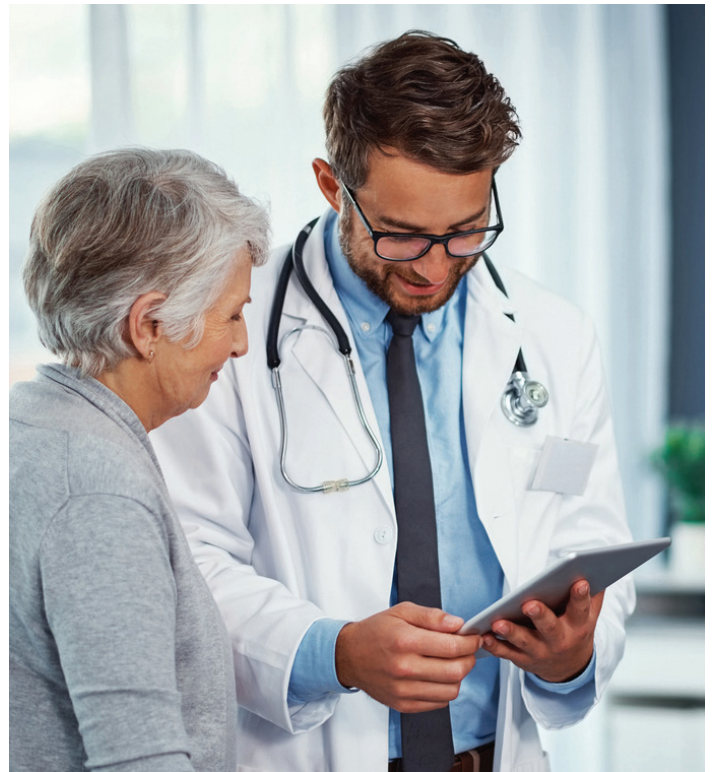
If you do not receive a call with your arrival time by 5 p.m., please call 248-898-0606.

Beaumont, Royal Oak is located at 3601 West 13 Mile Road, Royal Oak, MI, 48073

CANCELING YOUR PROCEDURE

If you have a fever, cold or other illness before your surgery, please contact your surgeon's office.

If you cannot reach your surgeon, please call 248-898-1802.



The following is useful information:

| Check-In Location | Free Parking | Where to Enter | Phone |
|-------------------------------|--------------|--|--------------|
| South Tower | South Deck | South Entrance: take gold elevators to 2nd floor to Family Lounge | 248-898-8990 |
| Suite 100 | South Deck | Entrance: Suite 100 | 248-898-8990 |
| 2 North Tower | North Deck | East Entrance: check in at 1st floor East Registration | 248-898-1802 |
| 3 North Tower | North Deck | North Entrance: check in at 1 North Tower registration | 248-898-1802 |
| Center for Children's Surgery | South Deck | Deck parking: from 2nd level take skywalk and check in at 2 South Registration Valet: use the South Entrance, take the elevators to the left of the Guest Services desk to the 2nd floor, check in at 2 South Registration. | 248-898-1802 |

EATING AND DRINKING INSTRUCTIONS

Adults

- Stop eating solid food at 10 p.m. on the night before surgery - milk and thicker drinks are considered food.
- On the day of surgery, you may drink clear liquids until two hours before your scheduled arrival time - clear liquids include water, Gatorade®, clear tea, black coffee (no cream or milk), carbonated beverages and apple or cranberry juice

Pediatrics

- Stop eating solid food at 10 p.m. on the night before surgery.
- Stop drinking formula six hours before your arrival time.
- Stop drinking breast milk four hours before your arrival time.
- On the day of surgery, you may drink clear liquids until two hours before your scheduled arrival time.
- Clear liquids include water, Gatorade®, clear tea, (no cream or milk), carbonated beverages and apple or cranberry juice

Patients with diabetes

- Stop eating solid food at 10 p.m. on the night before surgery.
- On the day of your surgery, you may have sugar-free clear liquids (diet soda, black coffee or black tea without cream or milk) two hours prior to your scheduled arrival time.
- If your blood sugar is less than 80 mg/dL or you are symptomatic, you may drink 4 oz. clear apple juice (no cider)

WHAT TO BRING

- your health insurance card
- picture identification (driver's license or passport)
- loose comfortable clothes; if you are having cataract surgery, please wear a button-down shirt
- do not wear contact lenses on the day of surgery; if you plan on bringing contact lenses or glasses to wear after your procedure, please bring a case to secure them



- hearing aids and a case to secure them if you use them
- if you are scheduled to spend the night at the hospital, you may want to bring toiletries (tooth paste, tooth brush, deodorant)
- if you are scheduled to spend the night, please bring your CPAP or BIPAP machine if you use one
- a list of your medications
- pharmacy name and phone number
- comfortable walking shoes with a rubber sole
- inhalers if you use them
- if you use oxygen at home, please bring your oxygen tank and any other necessary respiratory equipment
- if you have an implanted device, pacemaker or defibrillator, please bring your ID card and controller
- specialty medical equipment you use at home (example: equipment for peritoneal dialysis)
- an adult companion with a valid driver's license who will stay in the hospital during your procedure

WHAT NOT TO BRING

- money
- jewelry, watches, body piercings, wedding rings
- valuables

For your safety, failure to comply may result in your surgery being delayed or canceled.