

Beaumont

GUIDELINES FOR VISITING YOUR LOVED ONE DURING COVID-19

You must be screened for symptoms of respiratory illness (fever, cough and shortness of breath) before visiting each day. You will be given a “healthy visitor” sticker if you pass the health screening. Please wear the sticker at all times.

You must stay in the patient room at all times. Please consider using Room Service to order a guest meal which will be delivered to the patient room. Guest meal charges will be added to the final patient bill.

Limit the number of personal items that you bring into the hospital. Bringing fewer items into the hospital will reduce the number of unwanted germs you take back home with you. Please pack all belongings for you and your loved one into one clean bag.

When leaving the hospital, you must not wander through hallways or spend time in public areas, including lobbies, waiting areas, cafeterias, and vending areas other than to make a quick food purchase or use the public rest room. Please take valuables and personal items home that your loved one will not need during the admission.

You MUST clean your hands upon entry and exit to the hospital and patient room, and before and after eating or using the rest room.

STAYING CONNECTED

We want you to be as connected and informed as possible. Below are a few ideas to communicate with your loved one and their health care team:

- Connecting with your loved one
 - Call the in-room, hospital phone.
 - Leave a personal cell phone, tablet or laptop for audio/video calls or texting. Don't forget to leave a charger for all electronic devices with your loved one. Any items brought to the patient should be cleaned and placed in a clean bag labeled with the patient's name and room number.
 - If your loved one has been issued a Beaumont-owned electronic device (i.e., iPad or tablet), you may speak with them via the **8x8 Video Meetings** app. To reach your loved one, please follow the instructions below:
 - Ask a care team member for the **Meeting Name** you should use during the call.
 - Visit the app store on your phone. Search for **8x8 Video Meetings** app and select 'Install'.
 - Select **Join/Start Meeting as Guest**.
 - Enter the **Meeting Name** provided by the care team member in the space labeled **Enter a name for your meeting**. For security, the Meeting Name selected will be a unique name, such as a phone number or name plus number i.e., AbJf0542.
 - Select **Allow** to allow the app permission to record photos and video.
 - Select **Join Meeting**.
 - Enter your first name.
 - To add other family and friends to the call, select **Invite Others**.



- Connecting with your loved one’s doctor, nurse, or other health care team
 - To help coordinate communication, please choose one person to be your family spokesperson when calling your loved one’s doctor/nurse.
 - Ask the doctor and nurse to set up a schedule to receive daily updates and participate in medical decisions.
 - Ask if there is an opportunity to connect using an iPad or tablet while the health care team member is at the bedside with your loved one so you may communicate together.
- To help limit the number of people in our buildings, we ask that people not send flowers, food or other items that must be delivered.

DROPPING OFF BELONGINGS

To reduce the number of unwanted germs that are taken back home, we strongly discourage personal items being brought to the hospital that are not truly necessary. If you do have items to drop off, please limit the items to one small bag. of personal belongings. Do not send items of significant value, with the exception of personal phones or devices your loved one may use to communicate with you. Items should be placed in a clean bag and labeled with your loved one’s name and room number. The bag will be delivered to the patient room. Please make sure only healthy family members bring items to the hospital.

CHILDREN

Children should not come to Beaumont during COVID-19 visitation restrictions except for end-of-life and other extreme situations where their presence has been approved. This includes patient rooms and waiting areas. Please make arrangements for all children to be cared for away from Beaumont. Any non-patient child that comes to Beaumont will be asked to leave with the adult who brought them.

PROTECTING YOURSELF AND OTHERS

If you think you may have COVID-19, do not visit. Call ahead to **Beaumont’s COVID-19 hotline, 800-592-4784, or your physician’s office before going to the emergency center.** If you are experiencing life-threatening symptoms, please call 911.

What can I do to prevent the spread of COVID-19 and to protect myself and others?

- Stay home when you are sick (fever, cough, upper respiratory infection symptoms).
- Wash your hands often with soap and water or an alcohol-based hand sanitizer, especially before eating, after coughing or sneezing, and after using the bathroom.
- Cover your mouth and nose when you cough or sneeze. Cough or sneeze into the elbow of your arm. Throw tissues away immediately and wash your hands.
- Maintain social distancing-6 feet apart rule. As possible, avoid contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Clean frequently touched objects and surfaces using a regular household cleaning spray or wipe.

TAKING CARE OF YOURSELF

And finally, take a deep breath, reflect on your breathing to center yourself, stretch, read a book, or tune into the TV relaxation station which is programmed with soft music and relaxation programs. It is important to take care of yourself, too!

We appreciate your understanding during these uncertain times. We are confident that together we will continue to deliver the highest quality of care.

For more information, please visit www.beaumont.org/coronavirus.