

## COVID-19 Visitation Information **Restriction Level: Critical**

To protect our patients, families and staff during the COVID-19 pandemic, we have put guidelines into place that limit visitation until COVID-19 is no longer a threat. We know these are trying times; therefore, we have launched new ways of communicating through phones, smart phones and tablets to keep you connected with your loved ones.

### General Information

#### EVERYONE visiting, regardless of COVID vaccination status, must:

- Be free of COVID symptoms and a COVID diagnosis and must not be waiting for COVID test results.
- **Wear a face mask that fits well covering the nose and mouth at all times. Valved masks are not permitted. If you do not come with an appropriate mask, one will be given to you. Any person refusing to wear a mask will not be allowed to visit.**
- Stay in the patient's room at all times except when using the bathroom or purchasing food.
- Clean hands each time you enter and exit a patient care area.
- Remove gloves while in a Beaumont building.
- Leave the Beaumont building as soon as your visit is over.

**A person may eat** in single patient rooms or multi-patient rooms IF there is not a roommate. If there is a roommate, the support person must eat in a non-patient area as designated by staff.

**Anyone under the age of 16 is not allowed to visit** except under extreme conditions as approved by leadership.

**A person visiting may be asked to leave** a patient care area if safety cannot be maintained.

**Each person visiting must complete a Health Assessment** by answering COVID-19 screening questions each time they come to Beaumont.

- People screening positive will not be allowed to visit.
- People screening negative will be given a sticker that must be worn all times.

**When needed, additional Personal Protective Equipment (PPE) will be provided by Beaumont and must be worn at all times.**

#### COVID-19 Screening

- ✓ COVID diagnosis in past 14 days
- ✓ COVID test pending
- ✓ Exposure to someone with COVID within past 14 days
- ✓ Fever > 100.0° F
- ✓ New cough
- ✓ New shortness of breath
- ✓ New flu-like symptoms such as body aches
- ✓ New onset diarrhea
- ✓ Recent loss of taste or smell

**If you are at high risk for COVID-19 complications**, please stay home. See below for ways to stay connected using phones and other technology.

#### Connecting with the Patient

- Call hospital in-room phone.
- Use cell phone, tablet or laptop for calls, video chat or text messaging.
- Patients may borrow a Beaumont-owned iPad or tablet to connect with you via Video App. Directions for utilizing the App may be found at the end of this document.
- Record messages, music, prayers, etc. and give to your loved one's nurse, so they may play it for them.

#### Connecting with the Health Care Team

- Select one person to be your family contact person who will talk with health care team members.
- Set up a schedule with your loved one's nurse to receive daily updates and participate in medical discussions, shift change report or discharge planning.
- Ask if you may get text message updates. A signed consent from your loved one will be required.

## Visitation Guidelines

### *Patients who do not have or are not suspected of having COVID-19:*

- **From 8 a.m. to 8 p.m.**
  - ONE support person each day is welcome, regardless of vaccination status. It may be permitted for a support person to swap with another support person in the same day, with clinical leadership approval. Swapping should be kept to a minimum of just one per day.
  - TWO support people or parents/legal guardians are welcome for the following:
    - Patients being evaluated for/in hospice care or nearing end of life.
    - Children (21 years of age or under) not in Neonatal Intensive Care Unit (NICU). Families of babies in NICU must talk with the doctor/nurse about NICU visitation.
- **Overnight** (providing space allows and safety can be maintained)
  - ONE support person or parent/legal guardian:
    - Children (21 years of age or under) not in NICU.
    - Patient in serious or critical condition or in hospice care.
    - Adult with disability who needs help with mobility, communicating or managing anxiety.
    - Laboring woman. Approved doula may be present in addition to a support person.
  - TWO support people:
    - Patient at end-of-life.
    - A laboring woman may have birth partner and a second person IF the second person is a doula.

### *Patients who have been diagnosed with or are suspected of having COVID-19:*

- Visitation is restricted.** No one will be allowed in rooms of patients who have or are suspected of having COVID-19 except:
- ONE support person or parent/legal guardian may be present:
    - Pregnant woman in labor, preterm labor or requiring C-section, prenatal testing, procedure or genetic counseling.
    - Child who is 21 years of age or under.
    - Adult with disability who needs help with mobility, communicating or managing anxiety.
    - Patient being admitted to the hospital. Once the patient has registered, the support person should leave the building.
    - As approved, patient who needs a support person to learn how to care for them after discharge.
  - TWO support people may visit a patient who is being evaluated for/in hospice care or nearing the end-of-life.

## *Surgery, Outpatient and Emergency Center Care*

- **Outpatient appointments – If needed for the physical or emotional health of the patient:**
  - **Each patient may bring ONE support person with them.** Children 21 years of age or under may come with TWO parents/legal guardians. Others must wait outside of the building until the patient is ready to leave. Patients must not bring children <16 to their appointment and must reschedule the appointment if childcare is not possible.
- **Emergency Center (EC)** - Unless the support person is essential to the patient's care as per the exceptions listed above, each site's leader determines whether the support person may stay after the patient is registered or received by an EC staff member. If unable to stay, the support person will be provided with a phone number to call to check on the patient's status and return to their vehicle. Please check upon your arrival to the EC.
- **Surgery** - One support person may be present in the Waiting Room for the duration of the surgery, in Pre-Op (once the patient is settled) and Post-Op for discharge instructions. Two support people/Parents/Legal guardians for children 21 years of age or under may be present.

### Directions for the Video App:

Patients <https://www.beaumont.org/docs/default-source/default-document-library/video-visit-meeting-patient-instructions.pdf>

Family members <https://www.beaumont.org/docs/default-source/default-document-library/video-visit-meeting-family-instructions.pdf>