

Beaumont

Oakland County, Michigan – Resources to Address Health Needs

Beaumont Health

Facility Name	Description	Website	Phone Number
Beaumont Hospital, Farmington Hills	Beaumont Hospital, Farmington Hills opened in 1965 and is now a 330-bed facility with Level II trauma status serving residents of Oakland and Wayne Counties. It is a major osteopathic teaching facility with 20 accredited residency and fellowship programs with 140 residents and fellows. Classes, events and support services are available to address a wide variety of health needs.	beaumont.org	248-471-8000
Beaumont Hospital, Royal Oak	Beaumont Hospital, Royal Oak opened in 1955 and is now a 1,070-bed major academic and referral center with Level I adult trauma and Level II pediatric trauma status. It is a major teaching facility with 40 accredited residency and fellowship programs with 434 residents and fellows. Beaumont, Royal Oak is the exclusive clinical partner for the Oakland University William Beaumont School of Medicine, with more than 1,400 Beaumont doctors on faculty. Classes, events and support services are available to address a wide variety of health needs.	beaumont.org	248-898-5000
Beaumont Children's	Beaumont Children's provides the most advanced care for young patients from the smallest infants to growing teenagers from across Southeast Michigan and around the world more. As part of Beaumont Hospital, Royal Oak, Beaumont Children's comprehensive health services and expertise span nearly every medical and surgical subspecialty. Classes, events and support services are available to address a wide variety of health needs.	beaumont.org	855-480-5437
Beaumont Hospital, Troy	Beaumont Hospital, Troy opened in 1977 and is now a 520-bed facility offering a comprehensive array of health care services to meet the needs of the growing communities it serves in Macomb and Oakland Counties. Classes, events and support services are available to address a wide variety of health needs.	beaumont.org	248-964-5000

Oakland County Health Division

Program Name	Description	Website	Phone Number
Oakland County Health Division	The Oakland County Health Division provides health services for the public, businesses and educational communities. The 30+ programs/services focus on	oakgov.com/health	248-858-1280

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	preventing the spread of disease; ensuring a safe and clean environment; promoting and encouraging healthy behaviors; preparing for emergencies; surveillance of disease threats; and ensuring accessibility of health services.		
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Child and Adolescent Health Centers

Program Name	Description	Website	Phone Number
Oakland County Children's Village Health Center	Oakland County Children's Village Health Center is a clinical child and adolescent health center. The mission of the Children's Village is to provide services to children who are under jurisdiction of the court. Offers a safe and therapeutic setting for these children.	oakgov.com/village	248-858-1150
Pontiac High School Teen Health Center	Offers quality primary care and preventive services for individuals ages 10-21 who are residents of Oakland county.	oaklandprimaryhealth.org/teen-health-centers/pontiac-teen-health-center-2	248-451-7365
Pontiac Middle School Teen Health Center	Offers quality primary care and preventive services for individuals ages 10-21 who are residents of Oakland county.	oaklandprimaryhealth.org/teen-health-centers/pontiac-teen-health-center	248-451-8030
Waterford Teen Health Center	Offers quality primary care and preventive services for individuals ages 10-21 who reside in the community or the Waterford school district.	waterford.k12.mi.us/pages/51217/waterford-teen-health-center	248-674-4876

Low Cost/ Free Health Centers

Facility Name	Address	Phone Number
American Indian Health & Family Services SE MI	4880 Lawndale St, Detroit, MI 48210-2010	313-846-3718
CBM Health Care	31 Oakland Ave Suite E, Pontiac, MI 48342	248-977-3062
Covenant Community Health Center	27776 Woodward Ave, Royal Oak, MI 48067	248-556-4900
DermHouse	29425 Northwestern Hwy Suite 202, Southfield, MI 48034	248-219-7007
Dingle VA Medical Center Pontiac Outpatient Clinic	44200 Woodward Ave, Suite 208, Pontiac, MI 48341	248-332-4540
Dr. Gary Burnstein Community Health Clinic	45580 Woodward Ave, Pontiac, MI 48341	248-309-3752
Family Medicine Center	461 W. Huron St. # 107, Pontiac, MI 48341	248-857-7200
Fern Care Free Clinic, Inc.	459 E. 9 Mile Road, Ferndale, MI 48220	248-677-2273

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Mercy Place Clinic	55 Clinton St, Pontiac, MI 48342	248-333-0840
North Oakland Health Center	1200 N Telegraph, Bldg. 34 East, Pontiac, MI 48328	248-858-1280
Oakland Primary Health Services	46 N. Saginaw, Pontiac, MI 48342	248-322-6747
POH Children's Health Services	673 Martin Luther King Blvd, Pontiac, MI 48342	248-334-0024
Pontiac Osteopathic Hospital-Children's Clinic	50 N. Perry St., Pontiac, MI 48342	248-338-5000
South Oakland Health Center	27725 Greenfield Rd, Southfield, MI 48072	248-424-7000
The Wellness Plan- Northwest Medical Center	21040 Greenfield, Oak Park, MI 48237	248-967-6500

Health Care Plans and Coverage

Program Name	Description	Website	Phone Number
Health Insurance Marketplace	The Marketplace is a new way to find health coverage that fits your budget and meets your needs. With one application, you can see all your options and enroll.	healthcare.gov	800-318-2596
Healthy Kids	Healthy Kids is a Michigan Department of Health and Human Services program that provides a wide range of health care coverage and support services for qualifying pregnant women, babies and children under age 19.	michigan.gov/mdhhs	517-373-3740
Healthy Michigan Plan	Health care coverage is available to individuals and families who meet certain eligibility requirements.	healthymichiganplan.org	855-789-5610
Michigan Benefits Access - Oakland Livingston Human Services Agency	The OLHSA provides individuals with a certified Health Insurance Marketplace Navigator to help navigate the Affordable Care Act and sign up for health insurance and other various benefits. Will help determine which benefits individuals are eligible for (SNAP, SCHIP, Medicaid, etc.).	olhsa.org	248-209-2600
Michigan Department of Health and Human Services (MDHHS)	Michigan offers several medical assistance programs. Each program covers different groups of people and each program has different eligibility requirements.	michigan.gov/mibridges michigan.gov/mdhhs	517-373-2035 855-ASK-MICH
HealthChoice	Over the past 18 years, HealthChoice has developed a number of programs customized to the healthcare needs of Wayne and Oakland County residents and businesses. Programs were developed with the goals of (i) reducing the number of	waynecounty.com/hhs/healthchoice.htm	800-935-5669

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	uninsured individuals seeking care through area emergency rooms rather than primary care physicians, and (ii) stabilizing healthcare costs to local small businesses.		
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Health Information and Referral

Program Name	Description	Website	Phone Number
Area Agency on Aging 1-B	Area Agency on Aging 1-B (AAA 1-B) is a nonprofit 501(c) 3 organization with a 40+ year history of serving older adults and people with disabilities in southeast Michigan. We serve a six-county region that includes Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties. We are part of a national network of Area Agencies on Aging and a leader in aging services in southeast Michigan.	aaa1b.org	800-852-7795
Michigan 2-1-1	By dialing 2-1-1 you can get access to health and human care services in Wayne, Oakland, and Macomb counties in partnership with United Way.	mi211.org	800-552-1183

Alcohol, Substance Abuse, Tobacco

Program Name	Description	Website	Phone Number
ADF Counseling	ADF Counseling is a facility in Farmington Hills that provides substance abuse treatment services to all individuals. Payment assistance is based on a sliding fee scale. Payment options also include Medicaid and Medicare.	alltreatment.com/mi/farmingto_n-hills/adf-counseling	866-598-5056
Al-Anon Family Groups	The purpose of Al-Anon is to help friends and families of alcoholics. Membership and meetings are free.	oaklandafg.org	248-706-1020
Alliance of Coalitions for Health Communities (ACHC)	Aims to prevent alcohol use and substance abuse by youth and adults.	achc.mi.org	248-221-7101
Holly Area Community Coalition	Youth coalition that educates children and parents on the dangers of substance abuse and other prevention information.	youth-coalition.holly.schoolfusion.us/modules/groups/integrated_home.phtml?&gid=985295&sessionid=808f561b3e35b195d90ee24273d18098	248-328-3135

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McCain LLC	Located in Farmington Hills, McCain LLC provides both mental health and substance abuse services to all populations. Payment for those individuals who are experiencing financial issues can be based on a sliding fee scale.	rehab.com/annette-mccain/6455755-r	313-952-1963
Oakland County Community Mental Health Substance Use Services	Provides services for alcohol and drug treatment to low-income individuals in Oakland County.	occmha.org	248-858-5200
Oakland Family Services	Offers counseling services for individuals dealing with substance abuse issues. Services include: group therapy, individual therapy sessions, family sessions, drug screenings, and an Adolescent Substance Abuse Treatment Program. Oakland Family Services also provides services to individuals whose lives are directly affected by someone who abusing drugs.	oakfamilyservices.org	248-858-7766
Operation Medicine Cabinet	Provides Oakland County citizens with a proper venue to dispose of prescription medication. This prevents misuse of prescription medication by young people and also prevents improper disposal of the prescription medication.	oakgov.com/sheriff/Pages/community_services/operation_medicine_cabinet.aspx	248-858-4591
Prior Authorization and Central Evaluation (PACE) Program	Offers substance abuse treatment to Medicaid, low-income, and under insured individuals. The program screens individuals for detox, coordinates and funds treatment services, and refers patients to treatment programs.	oakgov.com/commcorr/Pages/program_service/pace.aspx	248-858-5200
Salvation Army Adult Rehabilitation Centers	Residential rehabilitation program offers residential housing, work, and group and individual therapy, all in a clean, wholesome environment.	salvationarmyusa.org/usn/adult-rehabilitation	734-729-3939
Southeast Michigan Community Alliance (SEMCA)	SEMCA maintains an active presence in Southeast Michigan substance abuse delivery system by utilizing all their resources, experience and expertise in evaluating, monitoring, and funding distribution.	semca.org	734- 229-3500
Tobacco Control Program	Michigan Department of Health and Human Services program to reduce and eliminate tobacco-related deaths and diseases in Michigan through leadership, collaboration and education.	michigan.gov/mdhhs	517- 335-8803

Asthma

Program Name	Description	Website	Phone Number
Asthma Initiative of Michigan	Provides information about asthma and asthma activities in Michigan in the areas of clinical care, education, environmental quality, and surveillance.	getasthmahelp.org	517-335-9463

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Cancer

Program Name	Description	Website	Phone Number
American Cancer Society	Working to save lives and create a world with less cancer and more birthdays by helping people stay well, helping people get well, finding cures, and fighting back against cancer.	cancer.org	248- 663-3400
Breast and Cervical Cancer Control Program	Michigan Department of Health and Human Services provides the comprehensive Breast and Cervical Cancer Control Program (BCCCP) through a multi-year grant from the Centers for Disease Control and Prevention (CDC). The program provides breast and cervical screening and diagnostic services to eligible women who otherwise would not have access to these services.	michigan.gov/mdhhs	517-373-3740
Cancer Prevention and Control Program	Michigan Department of Health and Human Services program providing various educational materials, resources, and brochures on different types of cancer.	michigan.gov/mdhhs	517-373-3740
Colorectal Cancer Early Detection Program	The Michigan Department of Health and Human Services implements the Michigan Colorectal Cancer Early Detection Program to provide outreach and colorectal cancer education, individualized risk assessment, and screening to eligible 50- to 64-year-old men and women living in 38 Michigan counties.	michigancancer.org/colorectal	517-373-3740
Michigan Cancer Consortium	The Michigan Cancer Consortium is a statewide, inclusive, broad-based partnership of public and private organizations that provides a forum for collaboration (i.e., communication, coordination and the sharing of resources) to reduce the human and economic burden of cancer among the citizens of Michigan.	michigancancer.org/colorectal	877- 588-6224

Chronic Disease Management

Program Name	Description	Website	Phone Number
Personal Action Toward Health (PATH) - Michigan	The Stanford Chronic Disease Self-Management Program (PATH in Michigan) was developed to help people learn techniques and strategies for the day-to-day management of chronic or long-term health conditions. Workshops are offered in community locations. Program providers include the National Kidney Foundation of Michigan.	michigan.gov/mdhhs	517- 335-1236

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Dental Care

Program Name	Description	Website	Phone Number
Baker College Dental Hygiene School	Offers very low-cost exams, cleaning and x-rays.	baker.edu	248-276-6664
Oakland County Dental Program	Provides treatment plans, preventative exams and cleanings, and limited routine dental procedures to low-income Oakland county residents who have no dental insurance coverage.	oakgov.com/health/services/Pages/Dental.aspx	248-858-1306
The School Dentist and The School Dentist Smile Foundation	In-school program that provides portable dental services for children in schools. Available at reduced fees for MICHild, Healthy Kids, and Medicaid patients.	schooldentist.com	248-646-1381
Tri-County Dental Health Council	Provides referrals for free or reduced cost dentistry.	dentalhealthcouncil.org	248-559-7767

Diabetes

Program Name	Description	Website	Phone Number
American Diabetes Association	Committed to educating the public about how to stop diabetes and support those living with the disease.	diabetes.org	248-433-3830
Diabetes Education Program	Offered by MedNetOne Health Solutions in Oakland County, Diabetes Self-Management Education classes are taught in both group and individual settings.	www3.mednetone.net/diabetes-education-program	248-475-4701
Diabetes Partners in Action Coalition	Through active collaboration, DPAC mobilizes resources to assure a unified course toward the reduction of diabetes and its complications in Michigan.	dpacmi.org	734-718-6534
Diabetes Prevention Program	At the Michigan Diabetes Prevention and Control Program, partners collaborate to educate and inform the public and health care providers about the facts on diabetes prevention and provide links to resources and community classes. Program providers include Beaumont Health and the National Kidney Foundation of Michigan.	michigan.gov/mdhhs	517-373-3740

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National Kidney Foundation of Michigan	Working to prevent kidney disease and improve the quality of life for those living with it. Because 70% of kidney disease can be prevented, programs focus on addressing the root causes of kidney disease which are obesity, diabetes and hypertension.	nkfm.org	800- 482-1455
Personal Action Toward Health (PATH) for Diabetes	The Stanford Chronic Disease Self-Management Program (PATH in Michigan) was developed to help people learn techniques and strategies for the day-to-day management of chronic or long-term health conditions. Workshops are offered in community locations. Program providers include Beaumont Health and the National Kidney Foundation of Michigan.	michigan.gov/mdhhs mihealthprograms.org/diabetes-path.aspx	517- 335-1236

Disability Services

Program Name	Description	Website	Phone Number
Area Agency on Aging 1-B	Area Agency on Aging 1-B (AAA 1-B) is a nonprofit 501(c) 3 organization with a 40+ year history of serving older adults and people with disabilities in southeast Michigan. We serve a six-county region that includes Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties. We are part of a national network of Area Agencies on Aging and a leader in aging services in southeast Michigan.	aaa1b.org	800-852-7795
Disability Health Program	The Michigan Health Promotion for People with Disabilities Initiative is a statewide partnership committed to reducing the health disparities between people with disabilities and people without disabilities through member collaboration, expertise, and leveraged resources.	michigan.gov/mdhhs	517- 335-3188
Judson Center	A non-profit, human service agency located in Southeastern Michigan helping children, adults and families improve their lives through mental health services, child and family services and disability services.	judsoncenter.org	313-794-5653
The Arc Collaborative	The Arc Collaborative of Southeast Michigan works to assure that children and adults with disabilities can successfully access and utilize the crisis and basic needs support systems available to them, and to address mobilizing community assets and partners.	arcmi.org/new/collab.htm	313- 831-0202
VSA Michigan	VSA Michigan promotes creativity in people with disabilities by creating an inclusive society where they may participate in, learn through, excel in, and enjoy the arts.	vsami.org	313- 870-9624

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Domestic Violence

Program Name	Description	Website	Phone Number
HAVEN Crisis Center	Provides shelter, counseling, advocacy, and educational programming to victims of domestic violence and sexual assault.	haven-oakland.org	248-334-1274

Early Childhood Resources

Program Name	Description	Website	Phone Number
Head Start	A program of the Oakland Livingston Human Service Agency (OLHSA), Head Start is a national program that promotes school readiness by enhancing the social and cognitive development of children through the provision of educational, health, nutritional, social and other services to enrolled children and families.	olhsa.org/head-start	734- 785-7702
Healthy Mothers, Healthy Babies Coalition	Michigan Healthy Mothers, Healthy Babies (HMHB) is a statewide coalition, developed in 1984, for organizations and individuals to address maternal/child health issues and the high infant mortality rate in our state. HMHB's mission is to improve the health and safety of mothers, babies, and families through education and collaborative partnerships of public and private organizations.	hmhb.org	989-859-6268

Food Assistance Programs

Program Name	Description	Website	Phone Number
Gleaners Community Food Bank of Southeastern Michigan	Gleaners Community Food Bank distributes emergency food to over 510 partner soup kitchens, shelters, and pantries in Wayne, Oakland, Macomb, Livingston, and Monroe counties.	gcfb.org pantrynet.org foodpantries.org	866-453-2637
Michigan Food Assistance Program	The Michigan Department of Health & Human Services offers temporary food assistance for eligible low-income families and individuals.	michigan.gov/mdhhs/0,5885,7-339-71547_5527---,00.html	855-275-6424
Open Hands Food Pantry	Open Hands Food Pantry is open Mondays and Saturdays and provides emergency food and toiletries to Oakland County residents.	openhandspantry.org	248-546-1255

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Oxford/Orion FISH	Provides groceries for residents of Oakland County based on need.	oxfordorionfish.org	248-628-3933
The Emergency Food Assistance Program (TEFAP)	The Oakland Livingston Human Service Agency provides emergency food assistance to low-income residents of Oakland County four times a year. Food pick up is available at over sixty locations throughout the county.	fns.usda.gov/tefap/emergency-food-assistance-program-tefap	248-209-2600
Senior Project FRESH/Market FRESH	The Michigan Department of Health & Human Services Aging and Adult Services program provides older adults who qualify with unprocessed, Michigan-grown products from authorized farmers markets and roadside stands throughout Michigan. If a participant has difficulty getting to a market, they can assign a proxy. Participants also receive nutrition education via classes, one-to-one or sometimes at the market. The program runs from May - October each year.	mdhhs.gov/osa	517-373-8230
Women, Infants, and Children (WIC)	As part of the Oakland County Health Division, WIC is a free nutrition education program that helps families eat well and stay healthy by providing support such as: free nutritious foods and infant formula, immunizations, breastfeeding support, and nutrition education.	oakgov.com/health/services/Pages/WIC.aspx	248-858-1272

Hearing and Vision Screening

Program Name	Description	Website	Phone Number
Hearing Laughter, Seeing Smiles	The Michigan Department of Health and Human Services provides free hearing and vision screenings for children through the Oakland County Health Division.	oakgov.com/health/services/Pages/WIC.aspx	248-858-1280

Heart Disease and Stroke

Program Name	Description	Website	Phone Number
American Heart Association	Dedicated to building healthier lives, free of cardiovascular diseases.	heart.org	248- 827-4214
American Stroke Association	Dedicated to prevention, diagnosis and treatment to save lives from stroke.	strokeassociation.org	888-478-7653
Cardiovascular Health, Nutrition, and Physical Activity	A heart disease and stroke prevention program from the Michigan Department of Health and Human Services.	michigan.gov/mdhhs	517-335-8180

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WISEWOMAN Program	The WISEWOMAN Program provides chronic disease risk factor screening and lifestyle interventions to Michigan women with little or no insurance. Administered by the Centers for Disease Control and Prevention (CDC) Division for Heart Disease and Stroke Prevention.	cdc.gov/wisewoman	877-588-6224
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HIV/AIDS Services

Program Name	Description	Website	Phone Number
AIDS Partnership-Michigan	As the state's leading AIDS organization, AIDS Partnership Michigan is dedicated to preventing the spread of HIV. Offers a range of services statewide and in Detroit, from testing to counseling to answering questions on our hotline.	miunified.org	800- 872-2437
Matrix Ryan White HIV/AIDS Program	The Ryan White program provides comprehensive services to assist individuals living with HIV/AIDS. Offering service coverage that extends across Wayne, Oakland, Macomb, St. Clair, Monroe and Lapeer counties, the Matrix Ryan White Program's safety net ensures patients are linked and maintained in medical care through medical and community service referrals, mental health therapy, in-home health care, case management, and more.	matrixhumanservices.org/programs/ryanwhite	877- 931-3248
Michigan HIV/AIDS Drug Assistance Program	The Michigan Drug Assistance Program (MIDAP) helps cover prescription drug costs for certain FDA-approved drugs for HIV/AIDS patients who qualify for the program.	michigan.gov/mdhhs	888- 826-6565
The Horizons Project	The Horizons Project is a program of the Wayne State University School of Medicine. The program continues to grow as the only HIV/AIDS program in Michigan that focuses on providing services to HIV positive and at-risk youth ages 13 - 24.	peds.med.wayne.edu/horizons	313-577-6096

Injury

Program Name	Description	Website	Phone Number
Kohl's Injury Prevention Program	The Kohl's Injury Prevention Program (KIPP) gives children and their family's information and support to make positive, health-promoting choices about their personal safety and well-being. The KIPP curriculum is taught in schools throughout the school year and KIPP also provides safety items (e.g. helmets and smoke detectors) free of charge or at discount cost.	childrensdmc.org/KIPP	313- 745-0072

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Safe Kids Michigan	State and local Safe Kids Coalitions work to create an environment where children 14 and under are free from accidental injury. This is accomplished through community partnerships, advocacy of best practices, public awareness, distribution of safety equipment, and education and training on the proper use of safety devices.	safekids.org/coalition/safe-kids-michigan	517- 335-9519
Safety and Injury Prevention	Michigan Department of Health and Human Services implements public health programs related to injury and violence prevention in the state of Michigan.	michigan.gov/mdhhs	517-335-9518

Kidney Disease

Program Name	Description	Website	Phone Number
National Kidney Foundation of Michigan	Working to prevent kidney disease and improve the quality of life for those living with it. Because 70% of kidney disease can be prevented, programs focus on addressing the root causes of kidney disease which are obesity, diabetes and hypertension.	nkfm.org	800- 482-1455

Mental Health and Suicide Prevention

Program Name	Description	Website	Phone Number
Alliance for the Mentally Ill of Oakland County	A non-profit organization that provides support to individuals with mental illnesses, as well as support to friends and family members of people with severe mental illnesses.	amioakland.org	248-203-1998
American Indian Health and Family Services	Non-profit health center serving the Native American community of Southeastern Michigan.	aihfs.org	313-846-3718
Common Ground	A 24-hour Resource and Crisis Helpline that offers counseling services to individuals with mental illness.	commongroundhelps.org	800-231-1127
Community Network Services	Offers mental health care at a health clinic in the Waterford/Pontiac area. Provides youth suicide prevention strategies.	cnsmi.org	248-745-4900
Heron Ridge	Heron Ridge has facilities located in Oakland, Wayne, and Washtenaw counties. Services address a wide variety of mental health issues, and are offered to individuals, families, and groups. Heron Ridge also offers education and training to various groups.	heronridgeassocs.com	734-454-3560

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Hope Network Behavioral Health Services	Helps individuals overcome mental illness. Also helps integrate adults into community-based living situations, helping them to learn independence throughout their course of treatment.	hopenetwork.org	248-338-7458
Judson Center	A non-profit, human service agency located in Southeastern Michigan helping children, adults and families improve their lives through mental health services, child and family services and disability services.	judsoncenter.org	313-794-5653
National Alliance on Mental Illness (NAMI) Michigan	NAMI Michigan's purpose is to assist affiliates, provide support, promote education, pursue advocacy and encourage research on mental illness	namimi.org	800-331-4264
New Day Counseling	Provides mental health and substance abuse counseling services. For those without insurance, sliding scale fees are determined based on yearly family income.	newdaycounseling.org	248-649-8050
Oakland County Community Mental Health Authority	Provides support to both children and adults with mental illness by annually evaluating the needs of the county.	oakgov.com/boc/Pages/news/05pr_mentalhealth.aspx	248-858-0101
Oakland Family Services	Provides mental health treatment to individuals of all ages. Oakland Family Services provides cultural and age sensitive treatment to all patients.	oaklandfamilyservices.org	248-858-7766
Oakland Integrated Healthcare Network	As a non-profit organization that is now a designated Federally Qualified Health Center, OIHN offers high quality mental health care to everyone regardless of insurance or place of residence.	oihn.org	248-724-7600

Obesity, Nutrition, and Physical Activity

Program Name	Description	Website	Phone Number
Cardiovascular Health, Nutrition & Physical Activity	The Cardiovascular Health, Nutrition and Physical Activity Section is a heart disease and stroke prevention program from the Michigan Department of Health and Human Services.	michigan.gov/mdhhs	517-335-8180
Healthy Pontiac, We Can!	A local community coalition working to fight obesity in Pontiac and the surrounding area. The coalition identifies barriers to proper nutrition and resources, provides on-site nutrition education sessions at produce markets, and stresses the importance of physical activity.	healthypontiac.org	248-858-8810

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Healthy Weight Partnership	The Michigan Healthy Weight Partnership was established for the purpose of overseeing the implementation and evaluation of Michigan's obesity state plan. Members include over 50 states, local, public and private organizations.	michigan.gov/mdhhs	517- 335-9595
Michigan State University Extension Food and Health Programs	MSU Extension programs promote healthy lifestyles and empower Michigan residents to take control and manage their personal health. In Participants learn to consume nutritious diets on a budget; improve personal, family and community relationships; reduce the spread of foodborne disease; and become leaders in the food industry.	msue.anr.msu.edu	248-858-0897
Michigan Nutrition, Physical Activity and Obesity Program	The goal of Michigan Department of Health and Human Services Nutrition, Physical Activity, and Obesity (NPAO) Program is to prevent and control obesity and other chronic diseases through healthful eating and physical activity, including strategic public health efforts aimed at policies and standards, and social and environmental factors to promote healthful eating and physical activity.	michigan.gov/mdhhs	517-335-9595
National Kidney Foundation of Michigan	Working to prevent kidney disease and improve the quality of life for those living with it. Because 70% of kidney disease can be prevented, programs focus on addressing the root causes of kidney disease which are obesity, diabetes and hypertension.	nkfm.org	800- 482-1455
North Oakland Family YMCA	Provides individuals with health, well-being, and fitness programs, and sports and recreation services.	ymcadetroit.org/north-oakland	248-370-9622
Oakland County's Nutrition Services Unit	Counseling services for residents of Oakland County who are nutritionally at risk are provided by registered dietitians. These services are free.	oakgov.com/health/services/Pages/Nutrition.aspx	248-858-1403
Share Our Strength's Cooking Matters	Share Our Strength's Cooking Matters, in partnership with Gleaners Community Food Bank of Southeastern Michigan, empowers families with skills, knowledge and confidence to prepare healthy and affordable meals. Cooking Matters programs are available specifically for teens, kids, families, adults, adults living with HIV/AIDS, and adults living with diabetes. Program providers include Beaumont Health.	gcfb.org	313-453-2637
Women, Infants, and Children (WIC)	As part of the Oakland County Health Division, WIC is a free nutrition education program that helps families eat well and stay healthy by providing support such as: free nutritious foods and infant formula, immunizations, breastfeeding support, and nutrition education.	oakgov.com/health/services/Pages/WIC.aspx	248-858-1272

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Prenatal Care

Program Name	Description	Website	Phone Number
March of Dimes	Nonprofit organization that works to improve the health of mothers and babies	marchofdimes.com	248-359-1557
Maternal Infant Health Program (MIHP)	MIHP is a Michigan Department of Health and Human Services program for all Michigan women with Medicaid health insurance who are pregnant and all infants with Medicaid. It is a benefit of their insurance. MIHP provides support to promote healthy pregnancies, good birth outcomes, and healthy infants.	michigan.gov/mihp	517-335-8898
Women, Infants, and Children (WIC)	As part of the Oakland County Health Division, WIC is a free nutrition education program that helps families eat well and stay healthy by providing support such as: free nutritious foods and infant formula, immunizations, breastfeeding support, and nutrition education.	oakgov.com/health/services/Pages/WIC.aspx	248-858-1272

Prescription and Co-pay Assistance

Program Name	Description	Website	Phone Number
AARP Prescription Discount Program	AARP Prescription Discounts (“Program”) is a discounted prescription drug program for individuals age 50 and older. Members are entitled to receive a discount on FDA-approved drugs from participating network pharmacies.	aarppharmacy.com	800-289-8849
Generic Drugs – The Unadvertised Brand	Brought to you by Blue Cross Blue Shield of Michigan. An educational resource for low cost generic drugs. Find your local store and call to see what medicines you might be able to get for \$4-\$6 a month. Meijer stores also offer FREE antibiotics and pre-natal vitamins.	theunadvertisedbrand.com	N/A
Merck Patient Assistance Program	This private and confidential program provides medicine free of charge to eligible individuals, primarily the uninsured who, without assistance, could not afford needed Merck medicines.	merck.com	800-727-5400
MIRx (My Prescription)	The MIRx card program is free. There is no cost for the card. Prescription is filled at a discounted price.	mihealth.org/mirx	800-259-8016

Beaumont

Oakland County, Michigan – Resources to Address Health Needs

Program Name	Description	Website	Phone Number
NeedyMeds	NeedyMeds is a 501(c)(3) non-profit with the mission of helping people who cannot afford medicine or healthcare costs. The information at NeedyMeds is available anonymously and free of charge.	needymeds.com	877-726-0815
Oakland County Prescription Drug Card	A free card that most local pharmacies accept, which will save consumers more than 20% on drug costs.	oakgov.com/boc/Pages/news/05pr_prescription.aspx	877-321-2652
Partnership for Prescription Assistance	Helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.	pparx.org	888-477-2669
Rx Hope	Helps people in need in obtaining critical medications that they would normally have trouble affording. RxHope acts as your advocate in making the patient assistance program journey easier and faster by supplying vital information and help.	rxhope.com	877-267-0517
Together Rx Access, LLC	Uninsured Americans gain access to immediate savings on prescription products at their neighborhood pharmacies. The Together Rx Access website also provides resources and information about the Health Insurance Marketplace, the Affordable Care Act, and pharmaceutical company patient assistance programs.	togetherrxaccess.com	800-444-4106