I'M GOING TO MOONBEAMS FOR SWEET DREAMS!

Here's what to expect

THE REASON TO SHINE MY LIGHT

I come to moonbeams to help all the children in the hospital feel better during the holiday season.

This way the children know they are not alone, and we love and care about them.



I WILL BE OUTSIDE THE WHOLE TIME

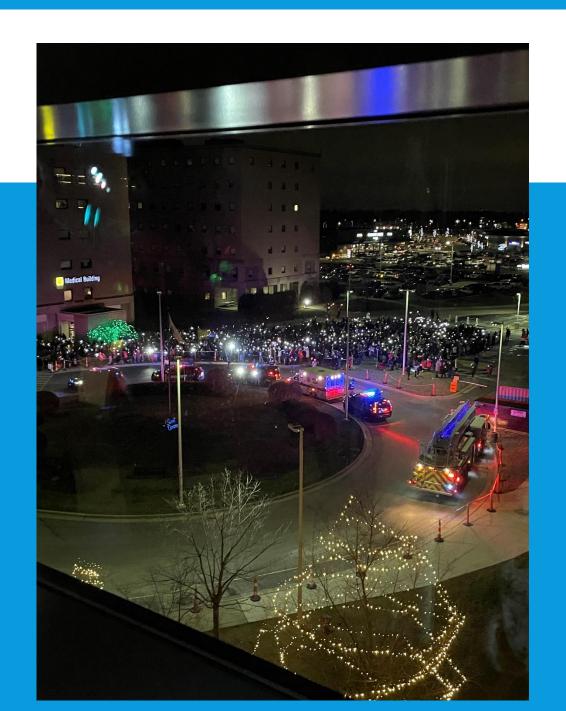
I will walk from my car to the Moonbeams spot.

We will stay outside and it might be cold so I will make sure to dress warm and comfortable.



The Moonbeams spot is lit up so I will always be able to see.

We will know we are in the right place when I see the tree with the green twinkle lights on it. Can you find it in the picture?



THERE MIGHT BE A LOT OF PEOPLE

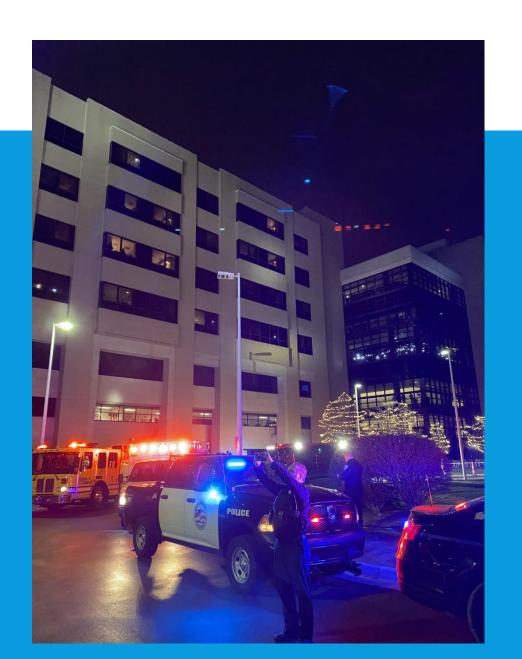
To make sure that everybody stays safe for the entire event, I will stay close to the people that brought me, and we will have fun together!



CARS AND TRUCKS

I might see police cars and fire trucks parked in the circle.
Those cars are also there to make it special for the kids in the hospital.

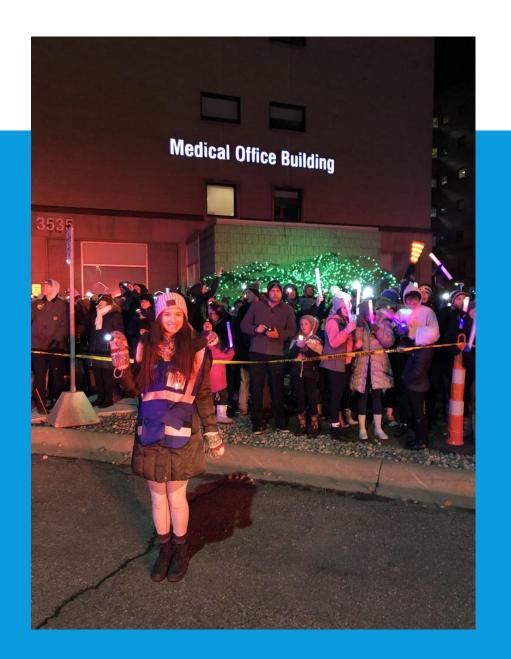
They will not turn on their sirens or make any loud noises on sensory-friendly night.



MOONBEAMS HELPERS

I will see the people in charge of moonbeams wearing bright vests and carrying walkie-talkies.

I know I can ask them if I have any questions



TIME TO START SHINING

When the helpers ring the cowbell, it's time to turn on my flashlight and shine it up at the kids in the hospital.

I can wave and make shapes with the flashlight.



We will shine our lights for about 10 minutes. That's not very long!

So I will make it special when we are shining.



TIME TO STOP

The helpers will ring the bell again when it's time to turn off our lights.



ALL DONE!

After we turn off our lights it's time to go home! We will walk back to our cars and get nice and warm on the ride home.

I made someone happy tonight and had so much fun at Moonbeams for Sweet Dreams!

