



CLINICAL HISTORY FORM

Patient Name: _____ Date: _____
Last First Middle Initial

HEIGHT & WEIGHT LOSS HISTORY

Height: _____ Current Weight: _____

How many years have you been at your present weight? _____

How long have you been at least 80-100 lbs overweight? _____

Greatest single weight loss? _____ How did you do it? _____

PHYSICAL HISTORY & REVIEW OF SYSTEMS

Please check if you have any of the following:

Cardiovascular

- ___ Cardiac (heart) problems (includes angina, palpitations, chest pain, heaviness)
- ___ Heart Attack
- ___ Cardiomyopathy
- ___ Congestive heart failure
- ___ Peripheral vascular disease
- ___ High cholesterol
- ___ Hypertension

Endocrinology

- ___ Diabetes insulin dependant
- ___ Diabetes non-insulin dependant
- ___ Thyroid disease: (Describe): _____

Gastrointestinal

- ___ Heartburn (GERD) _____ Controlled with medications? Which Medication? _____
- ___ Pain
- ___ Ulcer
- ___ Constipation
- ___ Diarrhea
- ___ Vomiting
- ___ Blood/Mucous in stool
- ___ Inflammatory bowel disease (Crohn's / Ulcerative Colitis)
- ___ Gallstones
- ___ ? Past Cholecystectomy When: _____

Genito-Urinary:

- ___ Recurrent urinary infection
- ___ Kidney stones
- ___ Kidney disease
- ___ Renal/kidney failure (dialysis)
- ___ Gout
- ___ Stress incontinence

Hematology/Lymphatic:

- Anemia
- Previous DVT (blood clot)
- (Describe): _____
- Easy bruising/bleeding problems
- Blood thinner use (Coumadin/Plavix)
- Iron Supplements
- Lymph node enlargement

Liver Disease or Infectious Disease:

- Hepatitis (circle: A, B or C) (Describe): _____
- HIV positive
- Liver Disease (Describe): _____

Musculoskeletal:

- Arthritis circle: Knees Hips Feet Back Other:
- Back pain
- Migraine headaches
- Limited Mobility: circle if use: Cane Walker Amigo
- History of Traumatic Injury to bones/joints: _____
- Pain in weight-bearing joints (Describe): _____

Neurological:

- Numbness or tingling of the feet or hands
- Seizures
- Epilepsy
- Headache

Ob/Gyn:

- Irregular Periods
- Infertility
- Abnormally Painful Periods

Psychological:

- Depression _____ Anxiety
- Bi-Polar disorder
- Anorexia _____ Bulimia
- Suicide attempt

Respiratory:

Do you currently smoke? _____ pack per day
 Have you smoked in the past? _____ How long since you quit? _____ Previous pack per day _____

- Asthma _____ Chronic Cough
- Shortness of breath upon exertion _____ Wheezing
- COPD (Chronic Obstructive Pulmonary Disease)
- Emphysema
- Home Oxygen
- Sleep Apnea When diagnosed? _____ Treated with C-Pap/Bi-Pap ____ Yes ____ No

Skin:

- Itching
- Rashes
- Dry Skin
- Psoriasis

PAST SURGICAL HISTORY

Operation	Reason	Date

SIGNIFICANT FAMILY HISTORY

List any family members who have sufferance or experienced any of the following conditions: (Include only: Parents, Grandparents, Maternal, Paternal and Siblings)

High Blood Pressure

Diabetes

Arthritis

Heart Disease

Stroke

Lung Disease

Cancer

Obesity

Early Death

DVT/Blood clots

PAST MAJOR MEDICAL HISTORY

Major Illness	Date	Treatment

GENERAL HISTORY

Do you drink alcohol? ___ Yes ___ No Frequency: _____

Do you use any drugs? (Non-prescription) ___ Yes ___ No Frequency: _____

ALLERGIES

Are you allergic to any medications? ___ Yes ___ No

Medication	Reaction

Are you allergic to any foods? (Dairy, wheat products, shellfish) ___ Yes ___ No

Food	Reaction

Are you allergic to Latex? ___ Yes ___ No
If yes, what happens?

I declare that the above provided information is true to the best of my knowledge, information and belief

Patient Signature: _____ Date: _____