

BREAKING THE ICE

Conversation starters for advance care planning



Has your advance directive
been scanned into your
medical record?

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or

Email: advancedirectivefax@beaumont.org

When you meet with family and friends:

"I need your help with something."

"I was thinking about what happened with _____ and it made me realize..."

"Even though I am okay right now, I am worried that _____ and I want to be prepared."

"Remember how _____ in the family died? What would you want in that situation?"

"I need to think about the future, will you help me?"

"I just finished answering some questions about how I want my end-of-life to be and I am wondering what your answers would be."

When you meet with your health care provider:

"I like to talk about my wishes for end-of-life care."

"Have you heard about the Respecting Choices at Beaumont? Here is what I've thought about so far."

"My friend's sister recently died in the hospital after weeks of aggressive care. I don't want that. I think I might prefer to die at home."

"I think I'd feel more comfortable if I died in the hospital. They take such good care of me."

"I brought my son with me today, because I want to talk to you about my health care wishes and he's my patient advocate."

"What can I expect about my ability to function independently?"



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