Beaumont HEALTH

Name_____

Phone_____

A Patient's Wallet Card for Tracking Lifetime Radiation Exposure

Instructions: This card is intended to help track your estimated exposure to radiation from x-rays and other tests or treatments where you may be exposed to radiation. Use the table provided to record your estimated radiation dose. For a complete list of procedure doses go to www.beaumont.org.

Date	Facility	Diagnostic Test	Estimated Radiation Dose (mSv)	Total dose/ balance to date

This wallet guide was excerpted from the following and with permission of:
Diagnostic ionizing radiation and pregnancy: is there a concern?
Pennsylvania Patient Safety Authority
2008 Mar;5(1):3015.